

The Twister

拍數: 32 牆數: 2 級數: Intermediate/Advanced
編舞者: Robert Hocking (UK)
音樂: Excuses & Lies - Henry Smith's Country Dreams



HEEL SWITCHES WITH LEFT ¼ TURN

- 1 Touch right heel forward
- & Step right foot in place, ¼ turn left
- 2 Touch left heel forward
- & Step left foot in place
- 3 Touch right heel forward
- & Step right foot in place
- 4 Touch left heel forward

½ TURN, SHUFFLE ½ TURN

- & Step left foot in place
- 5 Step forward on right foot
- 6 Pivot ½ turn left
- 7&8 Making ½ turn to left, shuffle right, left, right

½ TURN, RIGHT KICK BALL CHANGE

- 9 Touch left toe behind right foot
- 10 Pivot ½ turn left (transfer weight onto left foot)
- 11 Kick right foot forward
- & Step back on right foot, slightly lift left foot
- 12 Step down on left foot

RIGHT GRAPEVINE, LEFT ROLLING GRAPEVINE WITH ¼ TURN LEFT

- 13 Step right foot to right
- 14 Cross left foot behind
- 15 Step right foot to right
- 16 Touch left besides right
- 17-19 Traveling to left step left, right, left, making 1 & ¼ turn to the left
- 20 Touch right foot beside left foot

CHASSE RIGHT, ROCK BACK, FORWARD, CHASSE LEFT, RIGHT BACK, ½ TURN

- 21 Step right foot to right
- & Slide left foot to right
- 22 Step right foot to right
- 23 Rock left foot behind right foot
- 24 Rock back on right
- 25 Step left foot to left
- & Slide right foot to left
- 26 Step left foot to left
- 27 Touch right toe behind left foot
- 28 Pivot ½ turn to right (transfer weight onto right foot)

½ TURN, SHUFFLE ½ TURN

- 29 Step forward on left foot
- 30 Pivot ½ turn to right
- 31&32 Making ½ turn to right, shuffle left, right, left

REPEAT
