

Twist Of Love

拍數: 132 牆數: 4 級數: Intermediate
編舞者: Jette Elmann Sørensen (DK)
音樂: Twist of Love - Sidsel Ben Semmane



VINE RIGHT, KICK TO LEFT DIAGONAL - LEFT, CROSS, LEFT - KICK TO RIGHT DIAGONAL

- 1-4 Step right to right side, cross left behind right, step right to right side, kick left diagonally forward left
5-8 Step left to left side, cross right over left, step left to left side, kick right diagonally forward right

RIGHT TOE STRUT - CROSS OVER - LEFT TOE STRUT, CHASSE RIGHT, LEFT BACK ROCK

- 1-4 Step right toe to right side, drop heel taking weight, cross left toe over right, drop heel taking weight
5&6 Step right to right side, close left beside right, step right to right side
7-8 Rock back on left, recover on right

VINE LEFT, KICK TO RIGHT DIAGONAL - RIGHT, CROSS, RIGHT - KICK TO LEFT DIAGONAL

- 1-4 Step left to left side, cross right behind left, step left to left side, kick right diagonally forward right
5-8 Step right to right side, cross left over right, step right to right side, kick left diagonally forward left,

LEFT TOE STRUT - CROSS OVER - RIGHT TOE STRUT, CHASSE LEFT, RIGHT BACK ROCK

- 1-4 Step left toe to left side, drop heel taking weight, cross right toe over left, drop heel taking weight
5&6 Left to left side, close right beside left, step left to left side
7-8 Rock back on right, recover on left

RIGHT STEPS DIAGONALLY FORWARD RIGHT, LEFT STEPS DIAGONALLY FORWARD LEFT

- 1-4 Step right diagonally forward right, close left to right, step right diagonally forward right, touch left toe to right instep
5-8 Step left diagonally forward left, close right to left, step left diagonally forward left, touch right toe to left instep

DIAGONAL HIP BUMPS ON THE SPOT

- 1-4 Step right diagonally forward right with two hip bumps, two hip bumps diagonally back left,
5-8 One hip bump forward right, one hip bump back left, one hip bump forward right, one hip bump back left - weight on left

RIGHT STEPS DIAGONALLY BACK RIGHT, LEFT STEPS DIAGONALLY BACK LEFT

- 1-4 Step right diagonally back right, close left to right, step right diagonally back right, touch left toe to right instep
5-8 Step left diagonally back left, close right to left, step left diagonally back left, touch right toe to left instep

DIAGONAL HIP BUMPS ON THE SPOT (SAME AS SECTION 6)

- 1-4 Step right diagonally forward right with two hip bumps, two hip bumps diagonally back left,
5-8 One hip bump forward right, one hip bump back left, one hip bump forward right, one hip bump back left - weight on left

BREAK/TAG

- 1-4 Four steps on the spot, while turning $\frac{1}{4}$ to the right, ending with weight on both feet

SWIVET RIGHT TWICE, SWIVET LEFT TWICE

- 1-4 On the ball of left foot and heel of right foot, swivel left heel to the left and right toe to the right about 45 degrees, back to center, repeat
- 5-8 On the ball of right foot and heel of left foot, swivel right heel to the right and left toe to the left about 45 degrees, back to center, repeat

JAZZBOX WITH A ¼ TURN RIGHT TWICE

- 1-4 Step right across left, step left back, step right ¼ turn to the right, step left foot next to right
- 5-8 Step right across left, step left back, step right ¼ turn to the right, step left foot next to right

SWIVET RIGHT TWICE, SWIVET LEFT TWICE (SAME AS SECTION 9)

- 1-4 On the ball of left foot and heel of right foot, swivel left heel to the left and right toe to the right about 45 degrees, back to center, repeat
- 5-8 On the ball of right foot and heel of left foot, swivel right heel to the right and left toe to the left about 45 degrees, back to center, repeat

JAZZBOX WITH A ¼ TURN RIGHT TWICE (SAME AS SECTION 10)

- 1-4 Step right across left, step left back, step right ¼ turn to the right, step left foot next to right
- 5-8 Step right across left, step left back, step right ¼ turn to the right, step left foot next to right

TRAVELING SWIVELS RIGHT - CLAP - HEELS TO THE LEFT - CLAP - HEELS TO THE RIGHT - CLAP

- 1-4 Heels to the right, toes the right, heels to the right, hold and clap your hands
- 5-8 Heels to the left, clap, heels to the right, clap

TRAVELING SWIVELS LEFT - CLAP - HEELS TO THE RIGHT - CLAP - TO THE LEFT - CLAP

- 1-4 Heels to the left, toes the left, heels to the left, hold and clap your hands
- 5-8 Heels to the right, clap, heels to the left, clap

FREESTYLE TWIST ON THE SPOT

- 1-8 Freestyle twist on the spot

RIGHT HEEL HOOK COMBINATION, LEFT HEEL HOOK COMBINATION

- 1-4 Touch right heel diagonally forward, hook right leg in front of left shin, touch right heel diagonally forward, step right foot next to left
- 5-8 Touch left heel diagonally forward, hook left leg in front of right shin, touch left heel diagonally forward, step left foot next to right

REPEAT

RESTART

On wall 3, after count 64, turn ¼ right while dancing the last 8 counts, to be ready for restart at wall 4

On the 4th wall, replace the back rock at count 32 with two steps on the spot, to be ready for swivets (count 65)

End the dance with freestyle twist to the music ends
