

# Twist & Kick

**COPPER KNOB**  
STEPSHEETS

拍數: 60      牆數: 2      級數:  
編舞者: Barbara Stocks (AUS)  
音樂: Cut Me Off - Perfect Stranger



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- |       |                                                                      |
|-------|----------------------------------------------------------------------|
| 1-4   | Twist heels right, toes right, heels right, toes right.              |
| 5-8   | Twist toes left, heels left, toes left, heels left.                  |
| 9-12  | Kick right 45 degrees twice, stomp right twice.                      |
| 13-16 | Kick left 45 degrees twice, stomp left twice.                        |
| 17-20 | Hop to side right, left together, clap, clap.                        |
| 21-24 | Hop to side left, right together, clap, clap.                        |
| 25-28 | Step forward right, kick left, step back left, touch right back.     |
| 29-32 | Step forward right, kick left, step back left, right together.       |
| 33-36 | Twist heels right, toes right, heels right, toes right.              |
| 37-40 | Twist toes left, heels left, toes left, heels left.                  |
| 41-44 | Step right 45 degrees, left together twice with clap & kick at end.  |
| 45-48 | Step left 45 degrees, right together twice with clap & kick at end.  |
| 49-52 | Step forward right, pivot ½ turn to left, stomp right to left, clap. |
| 53-56 | Vine right (right-left-right, kick left 45 degrees with clap)        |
| 57-60 | Vine left (left-right-left) right together.                          |

**REPEAT**

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