

# Twist & Kick

COPPERKNOB  
STEPSHEETS

拍數: 60      牆數: 2      級數:  
編舞者: Barbara Stocks (AUS)  
音樂: Cut Me Off - Perfect Stranger



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- 1-4            Twist heels right, toes right, heels right, toes right.  
5-8            Twist toes left, heels left, toes left, heels left.  
9-12          Kick right 45 degrees twice, stomp right twice.  
13-16        Kick left 45 degrees twice, stomp left twice.
- 17-20        Hop to side right, left together, clap, clap.  
21-24        Hop to side left, right together, clap, clap.  
25-28        Step forward right, kick left, step back left, touch right back.  
29-32        Step forward right, kick left, step back left, right together.
- 33-36        Twist heels right, toes right, heels right, toes right.  
37-40        Twist toes left, heels left, toes left, heels left.  
41-44        Step right 45 degrees, left together twice with clap & kick at end.  
45-48        Step left 45 degrees, right together twice with clap & kick at end.
- 49-52        Step forward right, pivot ½ turn to left, stomp right to left, clap.  
53-56        Vine right (right-left-right, kick left 45 degrees with clap)  
57-60        Vine left (left-right-left) right together.

**REPEAT**

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