

Twenty Four Step

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數:
編舞者: Unknown
音樂: Thank God I'm a Country Boy - John Denver



Position: To the left around the floor

2 LEFT HEEL, 2 SWIVITS RIGHT:

- 1-2 Left heel forward (45 degree angle to left), left foot together
- 3-4 Repeat steps 1-2
- 5-6 "swivit" right so toes point to the right, then return toes to front.
- 7-8 Repeat steps 5-6

A right "SWIVIT" is done with weight on heel of the right foot and on the ball of the left foot, then pivot both feet to angle to the right at $\frac{1}{4}$ turn, so that the toes of both feet point to the right. In doing so, the left heel moves left and the right toes move right.

2 RIGHT HEELS, 2 HEELS RIGHT:

- 1-2 Right heel forward (45 degree angle to right), right foot together
- 3-4 Repeat steps 1-2
- 5-8 Pivot heels right, center, left, center

RIGHT AND LEFT HOOK:

- 1-2 Right heel forward, right heel cross in front of left knee
- 3-4 Right heel forward, right together
- 4-6 Left heel forward, left heel cross in front of right knee
- 7-8 Left heel forward, touch left toe back

4 SHUFFLES FORWARD:

- 1&2 Shuffle forward left, right, left
- 3&4 Shuffle forward right, left, right
- 5&6 Shuffle forward left, right, left
- 7&8 Shuffle forward right, left, right

REPEAT
