

拍數: 38 牆數: 4 級數: Intermediate
 編舞者: William Sevone (UK)
 音樂: I Will Always Love You - Dolly Parton



SIDE HIP ROLLS, STEP BEHIND, ¼ RIGHT, ROCKS

- 1-4 Stepping right foot to right side-roll hips to right-center-left-center, (with complimentary arm movements)
 5-6 Cross step left foot behind right, turn ¼ right-stepping forward onto right foot
 7-8 Cross rock forward onto left foot (with sweeping left arm), rock back onto right foot

STEP BACK, ½ RIGHT, ROCKS, STEP BACK, ½ RIGHT

- 9-10 (With sweeping motion) step left foot behind right, turn ½ right-stepping forward onto right foot
 11-12 Cross rock forward onto left foot (with sweeping left arm), rock back onto right foot
 13-14 (With sweeping motion) step left foot behind right, turn ½ right-stepping forward onto right foot

DIAGONAL HIP ROLLS, SIDE HIP ROLLS

- 15 Step forward onto left foot diagonal, left, rolling hips, (body facing right, left arm sweeping out to left)
 16 Step forward onto right foot diagonal, right, rolling hips, (body facing left, right arm sweeping out to right)
 17 Step forward onto left foot diagonal, left, rolling hips, (body facing right, left arm sweeping out to left)
 18 Step forward onto right foot diagonal, right, rolling hips, (body facing left, right arm sweeping out to right)
 19-20 Rock step left foot to left side, rock onto right foot, (with complimentary arm movements)

STEP, 2X FULL TURNS LEFT, ROCKS, (SEE OPTION)

- 21 Step onto left foot
 22-23 Turn ½ left-stepping right foot to right side, turn ½ left-stepping left foot to left side
 24-25 Turn ½ left-stepping right foot to right side, turn ½ left-rock stepping left foot to left side
 26-27 Rock onto right foot, rock onto left foot, (with complimentary arm movements)

STEP, 2X FULL TURNS LEFT, ½ LEFT, (SEE OPTION)

- 28 Step onto right foot
 29-30 Turn ½ right-stepping left foot to left side, turn ½ right-stepping right foot to right side
 31-32 Turn ½ right-stepping left foot to left side, turn ½ right-stepping right foot to right side
 33 Turn ½ right on right foot-stepping forward onto left foot

DIAGONAL HIP ROLLS, SIDE HIP ROLLS, TOUCH

- 34 Step forward onto right foot diagonal, right, rolling hips, (body facing left, right arm sweeping out to right)
 35 Step forward onto left foot diagonal, left, rolling hips, (body facing right, left arm sweeping out to left)
 36 Step forward onto right foot diagonal, right, rolling hips, (body facing left, right arm sweeping out to right)
 37 Step forward onto left foot diagonal, left, rolling hips, (body facing right, left arm sweeping out to left)
 38 Touch right toe next to left foot

REPEAT

BRIDGE

At the end of the 3rd wall

(The alternative music by the Dixie Chicks and LeAnn Rimes are done without the bridge.)

- 38 Step right foot next to left foot
- 1-2 Step backwards diagonal, left onto left foot (sweeping left arm backwards past body, right toe up)
- 3-4 Dropping right toe and sweeping left arm forward step left foot forward to the left side of right foot
- 5-6 Step backwards diagonal, right onto right foot (sweeping right arm backwards past body, left toe up)
- 7-8 Dropping left toe and sweeping right arm forward step right foot forward to the right side of left foot
- 9-10 Step backwards onto left foot (sweep both arms backwards past body, right toe up)
- 11-12 Dropping right toe step left foot next to right (sweeping both arms forward)
- 13-14 Step backwards onto right foot (sweep both arms backwards past body, left toe up)
- 15-16 Dropping left toe step right foot next to left (sweeping both arms forward)
- 17-32 Repeat counts 1-16

Easier option

- 22-25 Cross step right foot behind left, step left foot to left side, cross step right foot over left, rock step left foot to left side
 - 29-32 Cross step left foot behind right, step right foot to right side, cross step right foot over left, step right foot to right side
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