

Twenty First Century

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jane R. (USA)
音樂: Time On My Hands - Deryl Dodd



SYNCOPATED KICKS & TOE TOUCHES

- 1&2 Kick forward right foot, bring right foot in and left toe touch next to right foot
- 3&4 Kick forward left foot, bring left foot in and right toe touch next to left foot
- 5 Right toe touch to right side
- 6 Right toe touch to front
- 7 Right toe touch to right side
- 8 Bring right foot next to left foot with weight on right foot

SYNCOPATED KICKS & TOE TOUCHES

- 1&2 Kick forward left foot, bring left foot in and right toe touch next to left foot
- 3&4 Kick forward right foot, bring right foot in and left toe touch next to right foot
- 5 Left toe touch to left side
- 6 Left toe touch to front
- 7 Left toe touch to left side
- 8 Bring left foot next to right foot with weight on left foot

FORWARD SHUFFLES, ½ PIVOTS

- 1&2 Shuffle forward right, left, right
- 3 Step forward on left foot
- 4 Pivot ½ turn right, changing weight to right foot
- 5&6 Shuffle forward left, right, left
- 7 Step forward on right foot
- 8 Pivot ½ turn on left foot, changing weight to left foot

SIDE ROCK STEPS, SHUFFLES

- 1 Rock right foot to right side
- 2 Step left foot in place
- 3&4 Shuffle right, left, right in place
- 5 Rock left foot to left side
- 6 Step right foot in place
- 7&8 Shuffle left, right, left in place

¼ PIVOTS, ROCK, COASTER STEP

- 1 Step forward on right foot
- 2 Pivot ¼ turn left, changing weight to left foot
- 3 Step forward on right foot
- 4 Pivot ¼ turn left foot, changing weight to left foot
- 5 Rock forward right foot
- 6 Step left in place
- 7&8 Step back right foot, step together left foot, step forward on right foot

ROCK, COASTER STEP, STEP TOUCHES

- 1 Rock forward left foot
- 2 Step right foot in place
- 3&4 Step back left, step together right foot, step forward on left foot
- 5-6 Step right foot forward, touch left toe next to right foot

7-8

Step left foot forward, touch right toe next to left foot.

REPEAT
