

Twain Twax

拍數: 64 牆數: 0 級數:
編舞者: Silke C. Henke (CAN)
音樂: Any Man of Mine - Shania Twain



STOMPS AND CLAPS:

- 1 Stomp right foot forward on right front diagonal
- 2 Stomp right foot forward a little more on right front diagonal (shifting weight onto right foot)
- 3-4 Stomp left foot in a little bit towards right foot, stomp left foot in beside right foot
- 5-8 Clap hands twice, slap hands onto thigh, clap hands
- 9 Stomp left foot forward on left front diagonal
- 10 Stomp left foot forward a little more on left front diagonal (keeping weight on right foot)
- 11-12 Stomp right foot in a little bit towards left foot, stomp right foot in beside left foot
- 13-16 Clap hands twice, slap hands onto thigh, clap hands

HEELS, TOES, SCUFF-SLAP-STOMP-CLAP

- 17-20 Touch right heel on front right diagonal twice, touch right toe behind left foot twice
- 21 Scuff right foot forward to right front diagonal
- 22 Hitch up right leg and slap thigh with right hand
- 23-24 Stomp right foot slightly forward onto diagonal, clap hands

CROSS TOE STEPS BACK, UNWIND ½ TURN

- 25 Cross right foot in front of left foot (put weight onto ball of foot)
- 26-28 Step back on left foot, cross right foot in front of left foot, step back on left foot
- 29 Cross right foot in front of left foot
- 30-32 Unwind into ½ turn (pivot) to left, hold for one count

ROCK STEPS, 2-STEP VARIATION

- 33 Making a ¼ turn to the left, rock forward onto right foot
- 34-35 Rock back in place with left foot, rock forward on right foot
- 36 Scuff left foot forward making ¼ turn back towards right
- 37-38 Rock forward onto left foot, rock back in place with right
- 39-40 Rock forward onto left foot, scuff right foot forward
- 41-44 Touch right heel forward, hold for one count, touch right toe back, hold for one count
- 45-48 Step back - right foot, left foot, right foot, hold one count
- 49-52 Touch left heel forward, hold for one count, touch left toe back, hold for one count
- 53-56 Step back - left foot, right foot, left foot, hold one count

STEP ¼ TURN SLIDE, STOMPS, HEEL CLICKS

- 57 Take a large step forward with right foot
- 58-60 Slide left in to right foot making ¼ turn to the left, hold
- 61-62 Stomp right foot in place, stomp left foot in place
- 62-64 Click heels together twice (like Dorothy in the wizard of oz)

REPEAT