Twain Twax



拍數: 64 牆數: 0 級數:

編舞者: Silke C. Henke (CAN)

音樂: Any Man of Mine - Shania Twain



STOMPS AND CLAPS:

1	Stomp right foot forward on right front diagonal
2	Stomp right foot forward a little more on right front diagonal (shifting weight onto right foot)

3-4 Stomp left foot in a little bit towards right foot, stomp left foot in beside right foot

5-8 Clap hands twice, slap hands onto thigh, clap hands

9 Stomp left foot forward on left front diagonal

10 Stomp left foot forward a little more on left front diagonal (keeping weight on right foot)

11-12 Stomp right foot in a little bit towards left foot, stomp right foot in beside left foot

13-16 Clap hands twice, slap hands onto thigh, clap hands

HEELS, TOES, SCUFF-SLAP-STOMP-CLAP

17-20	Touch rie	ght heel on	front right diagona	al twice, touch ri	ight toe behind	d left foot twice

Scuff right foot forward to right front diagonal
Hitch up right leg and slap thigh with right hand

23-24 Stomp right foot slightly forward onto diagonal, clap hands

CROSS TOE STEPS BACK, UNWIND 1/2 TURN

25	Cross right foot in front of left foot (put weight onto ball of foot)
20	Ologo light look in hont of lost look (put weight of to buil of look)

26-28 Step back on left foot, cross right foot in front of left foot, step back on left foot

29 Cross right foot in front of left foot

30-32 Unwind into ½ turn (pivot) to left, hold for one count

ROCK STEPS, 2-STEP VARIATION

33	Making a ¼ turn to the left, rock forward onto right foot
34-35	Rock back in place with left foot, rock forward on right foot
36	Scuff left foot forward making ¼ turn back towards right
37-38	Rock forward onto left foot, rock back in place with right
39-40	Rock forward onto left foot, scuff right foot forward
41-44	Touch right heel forward, hold for one count, touch right toe back, hold for one count
45-48	Step back - right foot, left foot, right foot, hold one count
49-52	Touch left heel forward, hold for one count, touch left toe back, hold for one count
53-56	Step back - left foot, right foot, left foot, hold one count

STEP 1/4 TURN SLIDE, STOMPS, HEEL CLICKS

57	rake a large step forward with right foot
58-60	Slide left in to right foot making ¼ turn to the left, hold
61-62	Stomp right foot in place, stomp left foot in place
62-64	Click heels together twice (like Dorothy in the wizard of oz)

REPEAT