

# Tush Pushin'

COPPER KNOB  
STEPSHEETS

拍數: 40      牆數: 0      級數:  
編舞者: Adrian Churm (UK)  
音樂: Tush Pushin' - Paul Bailey



## HEEL AND TOE TAPS, HEEL SWITCHES

- 1-4      Touch right heel forward, touch right foot beside left and touch right heel forward twice  
&      Switch weight from right foot to left as the right foot steps back in place  
5-8      Repeat 1-4 on the opposite foot  
&      Switch weight from left to right foot as the left foot steps back in place  
9&10      Touch right heel forward, step right foot back in place as you touch the left heel forward  
&11-12      Step left foot back in place as the right heel touches forward, and leave right heel forward as you clap hands once

## HIP BUMPS AND HIP ROLLS

- 13&14      Push hips forward twice  
15&16      Push hips back twice  
17-20      Roll hips around to the right twice (or just repeat 13-16)

## TRIPLE STEPS WITH HALF TURN, STOMP AND CLAP

- 21&22      Triple step forward right, left, right  
23-24      Left foot steps forward then replace weight back onto the right foot

### Your partner should now be to your left side

- 25&26      Triple step back left, right, left  
27-28      Right foot steps back then replace weight forward onto the left foot  
29&30      Triple step forward right, left, right, small steps

## 31&32 TRIPLE STEPS FORWARD LEFT, RIGHT, LEFT, SMALL STEPS

- 33&34      Triple step past your partner making  $\frac{1}{2}$  a turn to the left stepping right, left, right  
35-36      Triple step back left, right, left  
37-38      Step right foot back and replace weight forward onto the left foot  
39-40      Stomp right foot next to left and clap hands

## REPEAT

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