

Tush Push (Wheelchair)

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: wheelchair dance
編舞者: Jim Ferrazzano (USA)
音樂: Third Rock from the Sun - Joe Diffie



Wheelchair Adaptation by Grant Taylor

When dancing this able bodied dancers, this is best done with the wheelchairs in the center and the able bodies dancers in a circle around them. It's great fun for everyone

1-4 Clap hands together, slap right leg, clap hands together, slap right leg
5-8 Clap hands together, slap left leg, clap hands together, slap left leg

HAND JIVE

9&10 Slap right leg, bring right hand up to slap on top of left hand, slap right leg again
11-12 Clap hands together in front, clap hands overhead

13-16 Raise left arm in the air and roll 4 times in a circle (e.g. In roping a cow)
17-18 Clasp hands together straight out in front, draw them in toward your chest
19-20 Clasp hands together straight out in front, draw them in toward your chest

21-24 Hold left wheel for 2 beats, hold right wheel for 2 beats
25-28 Take 2 beats to $\frac{1}{4}$ turn to right, then 2 beats to $\frac{1}{4}$ back home (or to left)
29-32 Take 2 beats to $\frac{1}{4}$ to the left, clap twice

REPEAT