

Turning Up The Heat

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK)
音樂: Spin - Vanessa Amorosi



RIGHT OVER LEFT, ½ LEFT UNWIND, LEFT SIDE SHUFFLE, ¾ RIGHT UNWIND, LEFT FORWARD MAMBO

1-2 Cross touch right over left, unwind ½ left stepping onto right foot
3&4 Step left to left, step right together, step left to left
5-6 Touch right behind left, unwind ¾ right stepping onto right foot
7&8 Rock left forward, recover weight on right foot, step left together

SYNCOPATED ½ RIGHT MONTEREY WITH HITCH, LEFT FORWARD SHUFFLE, RIGHT FORWARD MAMBO WITH RIGHT BACK LEFT CROSS, RIGHT BACK, ½ LEFT & FORWARD

1&2& Touch right to right side, turning ½ right step right together, touch left to left side, hitch left knee
3&4 Step left forward, step right together, step left forward
5&6 Rock right forward, recover weight on left, step right back turning body on right diagonal
7&8 Cross step left over right, step right back, turning ½ left step left forward (you can start the turn on the "&" count if you wish)

SYNCOPATED ½ LEFT PIVOT, WALK FORWARD 2, ½ RIGHT PIVOT, ¼ RIGHT & LEFT TO SIDE, RIGHT SAILOR HEEL

1&2 Step right forward, pivot ½ left, step right forward
3-4 Step left forward, step right forward
5&6 Step left forward, pivot ½ right, turning ¼ right step left to left side
7&8 Cross step right behind left, step left to left, touch right heel forward

LEFT & RIGHT SYNCOPATED CROSS ROCKS, WEAVE RIGHT 2, ¼ LEFT & COASTER STEP

&1&2 Step right together, cross rock left over right, recover weight on right, step left to left side
3&4 Cross rock right over left, recover weight on left, step right to right side
5-6 Cross step left over right, step right to right side
7&8 Turning ¼ left step left back, step right together, step left forward

REPEAT

TAG 1

most every time Vanessa sings the word "spin" (walls 1, 2, 3)

RIGHT CHARLESTON, LEFT COASTER STEP, RIGHT JAZZ BOX

1-2 Touch right toe forward, step right back
3&4 Step left back, step right together, step left forward
5-8 Cross right over left, step left back, step right to right side, step left forward

2 COUNT BREAK

After tag at the end of wall 3

1-2 Hold for 2 and bump your hips

4 COUNT BREAK

After wall 5

CHARLESTON & COASTER

1-2 Charleston
3&4 Coaster

