

Turning Cha Cha

拍數: 64 牆數: 2 級數: Improver
編舞者: Joyce Kouwenberg (NL)
音樂: Don't Mess With Mama - The Walkers



HEEL-BUTTERFLY, TOE-BUTTERFLY

- 1 Right foot & left foot - heels open
- 2 Right foot & close left foot heels
- 3 Right foot & left foot - toes open
- 4 Right foot & close left foot toes

STEP, STEP, LOCKSTEP FORWARD

- 5 Step left foot forward
- 6 Step right foot forward
- 7 Step left foot forward
- & Close right foot in heel of left foot
- 8 Step left foot forward
- 9 Step right foot forward
- 10 Step left foot forward
- 11 Step right foot forward
- & Close left foot in heel of right foot
- 12 Step right foot forward

ROCK STEP, TRIPLE STEP ¼ TURN LEFT, ROCK STEP, TRIPLE STEP ¼ TURN RIGHT

- 13 Step left foot forward
- 14 Weight on right foot
- 15 Step left foot ¼ turn left
- & Close right foot beside left foot
- 16 Step left foot ¼ turns left
- 17 Step right foot forward
- 18 Weight on left foot
- 19 Step right foot ¼ turns right
- & Close left foot beside right foot
- 20 Step right foot ¼ turns right

TRIPLE ¼ TURN RIGHT, TWICE

- 21 Step left foot ¼ turns right
- & Close right foot beside left foot
- 22 Step left foot ¼ turns right
- 23 Step right foot ¼ turns right
- & Close left foot beside right foot
- 24 Step right foot ¼ turns right

ROCK STEP, COASTER STEP, SIDE, BEHIND, CHASSE RIGHT

- 25 Step left foot forward
- 26 Weight on right foot
- 27 Step left foot forward
- & Close right foot beside left foot
- 28 Step left foot forward
- 29 Step right foot right aside
- 30 Cross left foot behind right foot

31 Step right foot right aside
& Slide left foot beside right foot
32 Step right foot right aside

ROCK STEP, COASTER STEP, JAZZ BOX WITH ¼ TURN, TOUCH

33 Step left foot forward
34 Weight on right foot
35 Step left foot forward
& Close right foot beside left foot
36 Step left foot forward
37 Cross right foot over left foot
38 Left foot - ¼ turn right
39 Close right foot beside left foot
40 Touch left foot beside right foot

HALF TURN LEFT, TRIPLE STEP ½ TURN LEFT

41 Left foot - ¼ turn left
42 Right foot - ¼ turn left
43 Left foot - ¼ turn left
& Close right foot beside left foot
44 Left foot - ¼ turn left

HOOK, HEEL TOUCH, CHASSÉ RIGHT, HOOK, HEEL TOUCH, CHASSÉ LEFT

45 Hook right foot across left knee
46 Touch right foot heel forward
47 Step right foot right aside
& Slide left foot beside right foot
48 Step right foot right aside
49 Hook left foot across right knee
50 Touch left foot heel forward
51 Step left foot left aside
& Slide right foot beside left foot
52 Step left foot left aside

ROCK STEP, TRIPLE STEP ½ TURN RIGHT TRIPLE STEP ¾ TURN RIGHT, SIDE, TOUCH, SIDE TOUCH, SIDE, TOUCH

53 Step right foot forward
54 Weight on left foot
55 Step right foot ¼ turn right
& Close left foot beside right foot
56 Step right foot ¼ turn right
57 Step left foot ¼ turn right
& Step right foot ¼ turn right
58 Step left foot ¼ turn right
59 Step right foot right aside
60 Touch left foot beside right foot
61 Step left foot left aside
62 Touch right foot beside left foot
63 Step right foot right aside
64 Touch left foot beside right foot

REPEAT
