

Turnin' 30

拍數: 60
編舞者: Hope Bigelow
音樂: Unknown

牆數: 0

級數:



- 1-2 Right heel forward, touch right toe next to left foot
3-4 Right heel forward, step right foot next to left
5-8 Left foot fan out-in-out-in
- 9-10 Left foot fan out to $\frac{1}{4}$ turn to the left, right foot stomp next to left
11&12 Shuffle right-left-right while turning $\frac{1}{4}$ turn to the right
13&14 Shuffle left-right-left while turning $\frac{1}{2}$ turn to the left
15&16 Shuffle right-left-right while turning $\frac{1}{2}$ turn to the right
- 17 Lift left knee and scoot on right foot
18-20 Vine left (left step to left, right cross back, left step to left)
21 Right foot step forward-pivot (military turn)
22 Left foot step while turning $\frac{1}{2}$ turn to the left (military turn)
23&24 Shuffle forward right-left-right
- 25 Left foot cross over right $\frac{1}{8}$ turn to the right and rock forward
26 Right foot step in place and rock back
27&28 Shuffle left-right-left while turning $\frac{1}{2}$ turn to the left each step for $1-\frac{1}{2}$ turns
29&30 Shuffle right-left-right while turning full turn to the left

REPEAT ON LEFT FOOT

- 31-32 Left heel forward, touch left toe next to right foot
33-34 Left heel forward, step left foot next to right
35-38 Right foot fan out-in-out-in
- 39-40 Right foot fan out to $\frac{1}{4}$ turn to the right, left foot stomp next to right
41&42 Shuffle left-right-left while turning $\frac{1}{4}$ turn to the left
43&44 Shuffle right-left-right while turning $\frac{1}{2}$ turn to the right
45&46 Shuffle left-right-left while turning $\frac{1}{2}$ turn to the left
- 47 Lift right knee and scoot on left foot
49-50 Vine right (right step to right, left cross back, right step to right)
51 Left foot step forward-pivot to the right (military turn)
52 Right foot step while turning $\frac{1}{2}$ turn to the right (military turn)
53&54 Shuffle forward left-right-left
- 55 Right foot cross over left making $\frac{1}{8}$ turn to the left and rock forward
56 Left foot step in place and rock back
- 57&58 Shuffle right-left-right while turning $\frac{1}{2}$ turn to the right for $1-\frac{1}{2}$ turns
59&60 Shuffle left-right-left while turning full turn to the right

REPEAT