Turnaround Cha Cha

級數: Intermediate

編舞者: Lana Harvey (USA)

拍數: 32

音樂: Live, Laugh, Love - Clay Walker

HIP WALKS FORWARD, CROSS ROCK, RECOVER, FULL TURN CHA

- 1&2Step slightly forward on left and swing hips left-right-left
- 3&4 Step slightly forward on right and swing hips right-left-right
- 5 Cross rock left slightly to right side over right
- 6 Rock back onto right starting full turn to left
- 7&8 Cha-cha left-right-left in place finishing full turn to left

HIP WALKS FORWARD, CROSS ROCK, RECOVER, FULL TURN CHA

- 9&10 Step slightly forward on right and swing hips right-left-right
- 11&12 Step slightly forward on left and swing hips left-right-left
- 13 Cross rock right slightly to left side over left
- 14 Rock back onto left starting full turn to right
- 15&16 Cha-cha right-left-right in place finishing full turn to right

SIDE ROCK, ¼ TURNING COASTER, SHUFFLE, ½ PIVOT

- 17-18 Rock to side on left, back onto right
- 19&20 Step back on left 1/8 turn to left, step right next to left, step forward left 1/8 turn to left. You have made 1/4 turn to left
- 21&22 Shuffle forward right-left-right
- 23-24 Step forward left, pivot ¹/₂ turn to right, weight ending on right

1/2 PIVOT, BACK, BACK COASTER, HIPS, HOLD, DOUBLE CLAPS

- 25 Pivot ¹/₂ turn to right on ball of right, stepping back on left
- 26 Step back on right past left
- 27&28 Step back on left, step right together with left, step forward on left
- 29&30 Step slightly forward right swinging hips right, left, right
- &31 Swing hips left, right
- &32 Hold and clap twice

REPEAT

Option: Dancers may do cha-chas in place for the full turn chas Thanks to Simon Whincup, UK, who came up with the name for me! -- Lana Harvey





牆數:4