

Turn, Turn, Turn

拍數: 48 牆數: 1 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Double Trouble - Travis Tritt



ROCK, ROCK, COASTER STEPS

- 1-2 Rock step forward onto right foot; rock back onto left foot
3&4 Step back on right foot; step back on left foot; step forward on right foot
5-6 Rock step forward onto left foot; rock back onto right foot
7&8 Step back on left foot; step back on right foot; step forward on left foot

DIAGONAL STEP SLIDES, DIAGONAL SHUFFLES

- 9-10 Step forward and diagonally to the right on right foot; slide left foot next to right and step
11&12 Shuffle forward and diagonally to the right (right, left, right)
13-14 Step forward and diagonally to the left on left foot; slide right foot next to left and step
15&16 Shuffle forward and diagonally to the left (left, right, left)

STEP TURNS, FORWARD SHUFFLES

- 17-18 Step to the right on right foot; pivot $\frac{1}{4}$ turn to the left on balls of both feet and shift weight to left foot
19&20 Shuffle forward (right, left, right)
21-22 Step forward on left foot; pivot $\frac{1}{2}$ turn to the right on balls of both feet and shift weight to right foot
23&24 Shuffle forward (left, right, left)

ROLLING TURN, SIDEWAYS SHUFFLE, ROCK STEP, FORWARD SHUFFLE

- 25-26 Step to the right on right foot and begin a full turn to the right traveling right; step on left foot and complete traveling turn
27&28 Shuffle sideways to the right (right, left, right)
29-30 Step back on left foot; rock forward onto right foot
31&32 Step $\frac{1}{4}$ turn to the left and shuffle forward (left, right left)

ROCK STEP, TURNING SHUFFLE, ROLLING TURN, SIDEWAYS SHUFFLE

- 33-34 Rock step forward on right foot; rock back onto left foot
35&36 Pivot $\frac{1}{2}$ turn to the right on ball of left foot and shuffle forward (right, left, right)
37-38 Step to the left on left foot and begin a full turn to the left traveling left, step on right foot and complete full traveling turn
39&40 Shuffle sideways to the left (left, right, left), romp, hold, pivot, holds
&41-42 Step ball of right foot back and diagonally right; touch left heel forward; hold
43-44 Pivot $\frac{1}{4}$ turn to the right on ball of right foot and heel of left foot; hold and shift weight to left foot
&45-46 Step ball of right foot back and diagonally right; touch left heel forward; hold
47-48 Pivot $\frac{1}{4}$ turn to the right on ball of right foot and heel of left foot; hold and shift weight to left foot

REPEAT