Turn Me On

拍數: 32

級數: Intermediate

編舞者: Lynn Dodge (USA)

音樂: You Turn Me On - Tim McGraw

KNEE KNOCKS TO THE RIGHT AND TOUCH

Bending down at the knees, with feet shoulder's width apart

- 1-3 Knock knees together 3 times, leaning upper body to the right and moving up with each knock until right leg is straight.
- 4 With weight on right foot touch left toe out to left side.

KNEE KNOCKS TO THE LEFT AND TOUCH

Bending down at the knees, with feet shoulder's width apart

- 5-7 Knock knees together 3 times, leaning upper body to the left and moving up with each knock until left leg is straight.
- 8 With weight on left foot touch right toe out to right side

SYNCOPATED SIDE POINTS WITH ¼ TURN HIP CIRCLE

- 1-2 Touch right heel forward, point right toe to the right side
- &3 Step right foot next to left foot, point left toe to left side
- 4 Swing hips around in a circular motion I/4 turn to right (weight is on right foot, left foot is back)

STEP, SLIDE, STEP, SCUFF

- 5-6 Step left foot forward, slide right foot up to and behind left foot
- 7-8 Step left foot forward, scuff right foot forward

BRUSH, TOE, TURN, HOLD OR CLAP

- 1 Crossing right foot over left foot, brush right toe back
- 2 Tap right toe to the left and next to left foot
- 3-4 Turn I/2 to the left, hold one count and/or clap

BODY ROLL (OR HIP ROLLS)

5-8 Do 2 body rolls (or 2 hip rolls in a circle to the right)

MONTEREY TURN, TOUCH, STEP

- 1 Touch right toe to right side
- 2 Pivoting on ball of left foot, turn I/2 turn to the right and step right foot next to left
- 3-4 Touch left toe out to left side, step left foot next to right foot

MONTEREY TURN, TOUCH, STEP

5-8 Repeat counts 25-28

REPEAT





牆數:4