Turn Me Loose!



拍數: 32 牆數: 4 級數: Beginner

編舞者: Cathy Falconer (USA) & Danita Dohmer 音樂: Lot of Leavin' Left to Do - Dierks Bentley



ANGLED STEP TOUCHES WITH CLAPS

1-2	Step forward at an angle with right foot, touch left toe beside right foot, clap
3-4	Step forward at an angle with left foot, touch right toe beside left foot, clap
5-6	Step forward at an angle with right foot, touch left toe beside right foot, clap
7-8	Step forward at an angle with left foot, touch right toe beside left foot, clap

WALK BACK WITH ATTITUDE, TOUCH BACK PIVOT TURNS

9-12 Walk backwards right, left, right, left

Remember the song is about leaving so walk back with attitude

Touch right toe back, pivot ½ turn right weight shifts to right
Touch left toe back, pivot ½ turn left weight shifts to left

Again keeping with the theme of the song show some attitude with the turns, should I go? Should I stay?

MODIFIED GRAPEVINE WITH FULL TURN RIGHT, CROSSOVER STEP, FORWARD STOMP

17-18	Step right to right side, step left behind
19-20	Step right to right making a ½ turn right, continue making another ½ turn right stepping left (total of full turn)
21-22	Step right to right side, cross left in front of right
23-24	Step right to right side, stomp left foot slightly forward leaning slightly forward to prepare for turn, weight goes to left

STEP ½ TURN, BIG STEP ¼ TURN, DRAG TOGETHER, HIP BUMPS

25-26	Step forward right, pivot ½ turn left weight shifts to left
27-28	Take a big step forward with right foot while making a ¼ turn left, drag left foot together
	touching toe next to right foot
29-30	Bump hips and shift weight left, left
31-32	Bump hips and shift weight right, then left

REPEAT

You can substitute Applejacks for the hip bumps in count 29-32 and/or shuffle backwards twice instead of walking back on counts 9-12