

Turn Me Loose

拍數: 32 牆數: 4 級數: Improver
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音樂: Turn It On, Turn It Up, Turn Me Loose - Dwight Yoakam



LEFT AND RIGHT DIAGONAL SHUFFLE, WALK, WALK

- 1 Left foot step diagonal left forward
- & Right foot step together
- 2 Left foot step diagonal left forward
- 3 Right foot step forward
- 4 Left foot step forward

- 5 Right foot step diagonal right backwards
- & Left foot step together
- 6 Right foot step diagonal right backwards
- 7 Left foot step back
- 8 Right foot step back

Variation tip; on count 3-4 and 7-8, you can dance a full left turn

¼, ¼ TURN LEFT SIDE, CROSS, SIDE, TOUCH 2X

- 9 Left foot ¼ left side
- & Right foot ¼ left side
- 10 Left foot cross behind
- 11 Right foot step to the right side
- 12 Left foot touch next to right

- 13 Left foot ¼ left side
- & Right foot ¼ left side
- 14 Left foot cross behind
- 15 Right foot step to the right side
- 16 Left foot touch next to right

HEEL-TOE-SIDE TOUCH, CLOSE, ROCK STEP 2X

- 17 Left foot touch heel forward
- & Left foot touch toe next to right
- 18 Left foot touch toe left side
- & Left foot close together
- 19 Right foot rock right side
- 20 Left foot step on place

- 21 Right foot touch heel forward
- & Right foot touch toe next to left
- 22 Right foot touch toe right side
- & Right foot close together
- 23 Left foot rock left side
- 24 Right foot step on place

DIAGONAL LEFT AND RIGHT TOE STRUTS, CROSS, ¾ TURN SWEEP LEFT, REVERSED SAILOR STEP

- 25 Left foot touch toe 1/8 diagonal left forward
- & Left foot put heel down
- 26 Right foot cross touch toe over left

& Right foot put heel down
27 Left foot touch toe 1/8 diagonal left forward
& Left foot put heel down
28 Right foot cross touch toe over left
& Right foot put heel down

29 Left foot start 3/4 turn left
30 Right foot sweep in a circle over the floor
31 Right foot cross over left
& Left foot step left side
32 Right foot step right side

REPEAT
