

Turbo Style

拍數: 44 牆數: 2 級數: Intermediate
編舞者: Ray Yeoman (UK) & Tina Yeoman (UK)
音樂: Something in the 120-132 beats-per-minute range



SIDE TOGETHER, SIDE & SWITCH

1 Right toe touch to right side
2 Right toe touch in place
3&4 Right toe touch to right side, switch and touch left toe to left side

TOGETHER, SIDE & SWITCHES

5 Left toe touch in place
6 Left toe touch to left side
&7&8 Switch and touch right toe to right side, switch and touch left toe to left side

SWITCH, HOLD, SWITCH, HOLD

&9 Left foot step in place, right heel touch forward
10 Hold
&11 Switch and touch left heel forward
12 Hold

SWITCH, SWITCH, SWITCH, CLAP

&13 Switch and touch right heel forward
&14 Switch and touch left heel forward
&15 Switch and touch right heel forward
16 Clap

DOWN, DOWN, UP, UP (SHOULDER DIPS)

17 Twisting body to the left, dip right shoulder down & forward
18 Dip shoulder down again (like in hip bumps but with right shoulder)
19 Start to straighten body
20 Shoulder back in place

STEP, ½ PIVOT LEFT, STEP, ½ PIVOT LEFT

21-22 Right foot step forward, pivot ½ turn left
23-24 Right foot step forward, pivot ½ turn left

KICK, CROSS TURN, HOLD

25 Right foot kick forward
26 Right foot cross over left foot
27 Pivot ½ turn to left
28 Hold

JUMP APART, CLAP, JUMP TOGETHER, CLAP

&29 Jump feet apart (right, left)
30 Clap
&31 Jump feet together (right, left)
32 Clap

JUMP APART, JUMP TOGETHER, KICK BALL CHANGE

&33 Jump feet apart (right, left)

- &34 Jump feet together (right, left)
- 35 Right foot kick forward
- &36 Ball change (right, left)

STEP, SLIDE, STEP, SLIDE

- 37 Right foot step to the right
- 38 Left foot slide to right
- 39 Right foot step to the right
- 40 Left foot touch in place next to right

STEP-SLIDE, STEP-SLIDE, STEP-SLIDE, TOUCH

- & Left foot step to left
- 41 Right foot slide next to left
- & Left foot step to left
- 42 Right foot slide next to left
- & Left foot step to left
- 43 Right foot slide next to left
- & Left foot step to left
- 44 Right foot touch next to left

REPEAT
