

# Tulsa Shuffle (P)

COPPERKNOB  
STEPSHEETS

拍數: 50  
編舞者: Unknown

牆數: 4

級數: Intermediate partner dance

音樂: The Tulsa Shuffle - The Tractors



## Position: Begin in Social Position

- 1-4      **MAN:** Start with left and shuffle step left, right, left, then right, left, right  
          **LADY:** Start with right and shuffle step right, left, right, then left, right, left
- 5-6      **MAN:** Rock left back (and as you do, turn  $\frac{1}{4}$  left) and then left to place  
          **LADY:** Rock right back (and as you do, turn  $\frac{1}{4}$  right) and then right to place.
- 7&8      **MAN:** Step left, right, left while releasing from social position and man's left hand pulls lady's right hand in ("tuck her").  
          **LADY:** Step right, left, right while turning slightly to the left (get close to partner on the tuck)
- 9&10     **MAN:** Step right, left, right while raising lady's hand over her head and "spin her"  
          **LADY:** Step left, right, left while twirling one full turn to the right to face partner
- 11-12    **BOTH:** Rock back and to place while still holding man's left with lady's right.
- 13&14    **MAN:** Step left, right, left (he's moving forward) while lifting lady's right arm and shuffling under  
          **LADY:** Shuffles right, left, right in place.
- 15&16    **MAN:** Pivot turns  $\frac{1}{2}$  turn to the left, then shuffles right, left, right (faces partner).  
          **LADY:** Shuffle left, right, left in place.
- 17-18    **BOTH:** Rock back and to place.

## For steps 13-18, man's left hand is holding lady's right hand

- 19-20    **MAN:** Release hands; left stomp, (slap hands on legs); right stomp to place (slap hands with lady's).  
          **LADY:** Release hands; right stomp (slap hands on legs); left stomp to place (slap hands with man's).

## Facing each other; hands meeting in front.

- 21-26    **MAN:** (traveling to the left-hands in front touching partner's) - swivel heels, swivel toes, swivel heels, swivel toes, (turned slightly left) kick right foot, then to place.  
          **LADY:** (traveling to the right - hands in front touching partner's)-swivel heels, swivel toes, swivel heels, swivel toes (turned slightly left) kick left foot, then to place.
- 27-31    **MAN:** (traveling to the right-hands in front touching partner's)-swivel toes, swivel heels, swivel toes, swivel heels; then to place.  
          **LADY:** (traveling to the left-hands in front touching partner's)-swivel toes, swivel heels, swivel toes, swivel heels; then to place.
- 32        **MAN:** Moves forward to his left (right hips together, lady facing opposite direction next to man) and holds adjacent hands. Man's right (in front of her) holding lady's left (which is at her side); lady's right (in front of man) holding man's left (which is at his side).  
          **LADY:** Hold.
- 33&34    **MAN:** Shuffle steps left, right, left (in an arc to the right for  $\frac{1}{4}$  turn)  
          **LADY:** Shuffle steps right, left, right (in an arc to the right for  $\frac{1}{4}$  turn)
- 35&36    **MAN:** Shuffle steps right, left, right (in an arc to the right for  $\frac{1}{4}$  turn)  
          **LADY:** Shuffle steps left, right, left (in an arc to the right for  $\frac{1}{4}$  turn)

- 33-38 BOTH: Bump hips twice.
- 39&40 **MAN:** Shuffle steps left, right, left (in an arc to the right for  $\frac{1}{4}$  turn)  
**LADY:** Shuffle steps right, left, right (in an arc to the right for  $\frac{1}{4}$  turn)
- 41&42 **MAN:** Shuffle steps right, left, right (in an arc to the right for  $\frac{1}{4}$  turn)  
**LADY:** Shuffle steps left, right, left (in an arc to the right for  $\frac{1}{4}$  turn)
- 43-44 BOTH: Bump hips twice.
- 45&46 **MAN:** Release right hand. Shuffle steps moving forward left, right, left while lifting lady's right arm and shuffling under  
**LADY:** Shuffles right, left, right in place
- 47&48 **MAN:** Pivot turns  $\frac{1}{2}$  turn to the left and shuffles right, left, right  
**LADY:** Pivot turns  $\frac{1}{2}$  turn to the right and shuffles left, right, left
- 49-50 BOTH: (Now facing each other) Rock back; then to place. Assume social position.

**REPEAT**

---