

Tulsa Shuffle (P)

拍數: 68 牆數: 0 級數: Partner
編舞者: Jill Geeson (UK)
音樂: The Tulsa Shuffle - The Tractors



Position: Open Double hand hold. Man facing outside, opposite feet

MAN'S STEPS

- 1 Left foot step forward to lady's right side
- 2 Kick right foot forward
- 3-4 Right foot step down, left toe touch back
- 5 Left foot step forward to lady's right side
- 6 Kick right foot forward
- 7-8 Right foot step down, left foot touch beside right

Drop hands

- 9-11 Three step turn to the left on left, right, left
- 12 Right foot touch beside left (take up hands)
- 13 Right foot step to the side
- 14 Left foot touch beside right (drop left hand)
- 15 Left foot step to the side and $\frac{1}{4}$ turn left
- 16 Right foot scuff forward

- 17-19 Walk back on right, left, right
- 20 Left foot touch beside right

Take partner's right hand on next step

- 21 Left foot step forward and $\frac{1}{4}$ turn right
- 22 Hitch right knee
- 23 Right foot step to the side and $\frac{1}{4}$ turn right
- 24 Hitch left knee

- 25 Left foot step forward and $\frac{1}{4}$ turn right

Change hands

- 26 Hitch right knee
- 27 Right foot step to the side and $\frac{1}{4}$ turn right
- 28 Hitch left knee
- 29&30 Left shuffle forward on left, right, left
- 31&32 Right shuffle forward on right, left, right

- 33-34 Left foot step forward, slide right foot up to left
- 35-36 Left foot step forward, scuff right foot forward
- 37-38 Right foot step forward, slide left foot up to right
- 39-40 Right foot step forward, scuff left foot forward

- 41-43 Three step turn to the left on left, right, left
- 44 Right foot touch beside left and clap
- 45-47 Three step turn to the right on right, left, right
- 48 Left foot touch beside right (take up inside hands)

- 49-50 Left foot step to the side, right foot touch behind left
- 51 Right foot step to the side and $\frac{1}{4}$ turn right

Now facing partner take up both hands

52 Left foot touch behind right
 53-54 Left foot step to the side, right foot cross behind left
 55-56 Left foot step to the side, kick right foot across left

57-58 Right foot step to the side, left foot cross behind right
 59-60 Right foot step to the side, kick left foot across right

Shuffles are danced facing partner and holding hands while moving sideways in LOD

61&62 Left shuffle on left, right, left
Right foot goes in front on right shuffles
 63&64 Right shuffle on right, left, right
 65&66 Left shuffle on left, right, left
Right foot goes in front on right shuffles
 67&68 Right shuffle on right, left, right

REPEAT

LADY'S STEPS

1 Right foot step forward to man's left side
 2 Kick left foot forward
 3-4 Left foot step down, right toe touch back
 5 Right foot step forward to man's left side
 6 Kick left foot forward
 7-8 Left foot step down, right foot touch beside left

9-11 Three step turn to the right on right, left, right
 12 Left foot touch beside right
 13 Left foot step to the side
 14 Right foot touch beside left
 15 Right foot step to the side and $\frac{1}{4}$ turn right
 16 Left foot scuff forward

17-19 Walk back on left, right, left
 20 Right foot touch beside left

21 Right foot step forward and $\frac{1}{4}$ turn left
 22 Hitch left knee
 23 Left foot step to the side and $\frac{1}{4}$ turn left
 24 Hitch right knee

25 Right foot step forward and $\frac{1}{4}$ turn left
 26 Hitch left knee
 27 Left foot step to the side and $\frac{1}{4}$ turn left
 28 Hitch right knee

29&30 Right shuffle forward on right, left, right
 31&32 Left shuffle forward on left, right, left

33-34 Right foot step forward, slide left foot up to right
 35-36 Right foot step forward, scuff left foot forward
 37-38 Left foot step forward, slide right foot up to left
 39-40 Left foot step forward, scuff right foot forward

41-43 Three step turn to the right on right, left, right
 44 Left foot touch beside right and clap

- 45-47 Three step turn to the left on left, right, left
48 Right foot touch beside left
- 49-50 Right foot step to the side, left foot touch behind right
51 Left foot step to the side and ¼ turn left
- 52 Right foot touch behind left
53-54 Right foot step to the side, left foot cross behind right
55-56 Right foot step to the side, kick left foot across right
- 57-58 Left foot step to the side, right foot cross behind left
59-60 Left foot step to the side, kick right foot across left
- Shuffles are danced facing partner and holding hands while moving sideways in LOD**
- 61&62 Right shuffle on right, left, right
Left foot goes in front on left shuffles
63&64 Left shuffle on left, right, left
65&66 Right shuffle on right, left, right
Left foot goes in front on left shuffles
67&68 Left shuffle on left, right, left

REPEAT
