

Tulsa Shuffle

拍數: 48 牆數: 4 級數: Beginner
編舞者: Linda Burrage & Denny Hengen (USA)
音樂: 40 Days and 40 Nights - Tim McGraw



FANS AND SWIVELS RIGHT

- 1-2 Fan toes of right foot to the right. Fan toes back to center
- 3-4 Fan toes of right foot to the right. Fan toes back to center
- 5-6 Swivel heels to the right. Swivel toes of both feet to the right
- 7-8 Swivel heels to the right. Swivel toes to center

FANS AND SWIVELS LEFT

- 9-10 Fan toes of left foot to the left. Fan toes back to center
- 11-12 Fan toes to the left. Fan toes to center
- 13-14 Swivel heels to the left. Swivel toes to the left
- 15-16 Swivel heels to the left. Swivel toes to center

CHARLESTON AND SHUFFLE (TWICE)

- 17-18 Step forward on right. Kick left foot forward
- 19-20 Step back on left. Touch toes of right back
- 21&22 Shuffle forward right, left, right
- 23&24 Shuffle forward left, right, left
- 25-26 Step forward on right. Kick left foot forward
- 27-28 Step back on left. Touch toes of right back
- 29&30 Shuffle forward right, left, right
- 31&32 Shuffle forward left, right, left

SIDE SHUFFLE, ROCK

- 33&34 Step to right on right. Slide left next to right. Step to right on right
- 35-36 Rock step behind right on left. Rock forward onto right
- 37&38 Step to left on left. Slide right next to left. Step to left on left.
- 39-40 Rock step behind left on right. Rock forward onto left

TOE STRUTS, JAZZ BOX TURN

- 41-42 Step forward onto ball of right. Bring heel of right down
- 43-44 Step forward onto ball of left. Bring heel of left down
- 45-46 Step across left onto right. Step back on left
- 47-48 Step ¼ turn to the left on the right. Step on left in place

REPEAT
