

Tulsa Shuffle

拍數: 48 牆數: 4 級數: Beginner
編舞者: Linda Burrage & Denny Hengen (USA)
音樂: 40 Days and 40 Nights - Tim McGraw



FANS AND SWIVELS RIGHT

1-2 Fan toes of right foot to the right. Fan toes back to center
3-4 Fan toes of right foot to the right. Fan toes back to center
5-6 Swivel heels to the right. Swivel toes of both feet to the right
7-8 Swivel heels to the right. Swivel toes to center

FANS AND SWIVELS LEFT

9-10 Fan toes of left foot to the left. Fan toes back to center
11-12 Fan toes to the left. Fan toes to center
13-14 Swivel heels to the left. Swivel toes to the left
15-16 Swivel heels to the left. Swivel toes to center

CHARLESTON AND SHUFFLE (TWICE)

17-18 Step forward on right. Kick left foot forward
19-20 Step back on left. Touch toes of right back
21&22 Shuffle forward right, left, right
23&24 Shuffle forward left, right, left
25-26 Step forward on right. Kick left foot forward
27-28 Step back on left. Touch toes of right back
29&30 Shuffle forward right, left, right
31&32 Shuffle forward left, right, left

SIDE SHUFFLE, ROCK

33&34 Step to right on right. Slide left next to right. Step to right on right
35-36 Rock step behind right on left. Rock forward onto right
37&38 Step to left on left. Slide right next to left. Step to left on left.
39-40 Rock step behind left on right. Rock forward onto left

TOE STRUTS, JAZZ BOX TURN

41-42 Step forward onto ball of right. Bring heel of right down
43-44 Step forward onto ball of left. Bring heel of left down
45-46 Step across left onto right. Step back on left
47-48 Step ¼ turn to the left on the right. Step on left in place

REPEAT
