

Tulsa Shuffle

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Bobby Curtis (USA)
音樂: The Tulsa Shuffle - The Tractors



RIGHT KICK-BALL CHANGES, TOE TOUCHES, DIAGONAL STEP & CLAPS

- 1 Kick right foot slightly forward
- & Step ball of right foot beside left
- 2 Step left foot beside right
- 3&4 Repeat beats 1&2 above
- 5 Step forward and diagonally right on right foot
- 6 Touch left toe next to right instep and clap hands
- 7 Step back and diagonally left on left foot (back to home position)
- 8 Touch right toe next to left instep and clap hands
- 9 Step back and diagonally right on right foot
- 10 Touch left toe next to right instep and clap hands
- 11 Step forward and diagonally left with left foot (back to home position)
- 12 Touch right toe next to left instep and clap hands

FORWARD SHUFFLES, STEP-PIVOT TO THE RIGHT

- 13-14 Shuffle forward (right-left-right)
- 15-16 Shuffle forward (left-right-left)
- 17-18 Shuffle forward (right-left-right)
- 19 Step forward on left foot and pivot ½ turn to the right on ball of foot
- 20 Step forward on right foot

DIAGONAL STEP & CLAPS

- 21 Step forward and diagonally left on left foot
- 22 Touch right toe next to left instep and clap hands
- 23 Step back and diagonally right on right foot (back to home position)
- 24 Touch left toe next to right instep
- 25 Step back and diagonally left on left foot
- 26 Touch right toe next to left instep
- 27 Step forward and diagonally right on right foot (back to home position)
- 28 Touch left toe next to right

FORWARD SHUFFLES, STEP-PIVOT TO THE LEFT

- 29-30 Shuffle forward (left-right-left)
- 31-32 Shuffle forward (right-left-right)
- 33-34 Shuffle forward (left-right-left)
- 35 Step forward on right foot and pivot ½ turn to the left on ball of foot
- 36 Step forward on left foot

JAZZ SQUARE, HIP BUMPS

- 37 Cross right foot over left and rock onto left foot
- 38 Rock back on left foot
- 39 Step right foot to the side
- 40 Step left foot next to right
- 41-42 Swivel heels to the slightly to the right and bump hips to the right twice
- 43-44 Swivel heels to the slightly to the left and bump hips to the left twice

HEEL-STEP CROSSES RIGHT, SYNCOPATED CROSS STEPS LEFT

- 45 Touch right heel forward and diagonally to the right
& Step right foot slightly back
46 Cross left foot over right and step
47&48 Repeat beats 45&46
49 Cross right foot over left and step
& Shift weight to left foot on other side of right
50 Step on right foot (still crossed over left)
& Shift weight to left foot on other side of right
51 Step on right foot (still crossed over left)
& Shift weight to left foot on other side of right
52 Step on right foot (still crossed over left)

HEEL-STEP CROSS LEFT, SYNCOPATED CROSS STEPS RIGHT

- 53 Touch left heel forward and diagonally to the left
& Step left foot slightly back
54 Cross right foot over left and step
55&56 Repeat beats 53&54
57 Cross left foot over right and step
& Shift weight to right foot on the other side of left
58 Step on left foot (still crossed over right)
& Shift weight to right foot on the other side of left
59 Step on left foot (still crossed over right)
& Shift weight to right foot on other side of left
60 Step on left foot (still crossed over right)

STEP-PIVOT, STOMP & SHOUT "WHOO"

- 61 Step forward on right foot and pivot $\frac{1}{2}$ turn to the left on ball of foot
62 Shift weight forward onto left foot
63 Stomp right foot next to left while raising hands with clenched fists
64 Pull hands down to chest and shout "whoo!"

REPEAT
