

Tulane

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Lesley Michel (UK) & Paul Michel (UK)
音樂: Tulane - Steve Gibbons Band



HEEL SWIVELS, CLAPS, RIGHT KICK FORWARD

1-2 Swivel heels to right, hold & clap
3-4 Swivel heels to left, hold & clap
5-6 Swivel heels to right, swivel heels to left
7-8 Swivel heels to center, kick right foot forward

¼ TURN JAZZ BOX, STEP LEFT, CLAP, PIVOT ½ TURN, CLAP

1-4 Cross right over left, step back on left, step right ¼ turn right, touch left beside right
5-6 Step left to left side, hold & clap
7-8 Pivot ½ turn on ball of left foot, stepping onto right, hold & clap

ROCK RECOVER, SCOOTs FORWARD TWICE, HEEL SWIVETS TWICE

1-2 Rock back onto left, recover weight onto right
&3&4 Jump forward on left right, jump forward on left right
5-6 Swivel on right heel & left toe to right side, swivel back to center
7-8 Swivel on right heel & left toe to right side, swivel back to center

Scoots can be replaced with a left stomp, right stomp on a count of 3-4

Styling option: on counts 5-6 & 7-8, hold arms out at waist height, palms down

GRAPEVINE RIGHT, HEEL SWIVETS TWICE

1-4 Step right to right side, cross left behind right, step right to right side, step left beside right
5-6 Swivel on left heel & right toe to left side, swivel back to center
7-8 Swivel on left heel & right toe to left side, swivel back to center

Optional hand movements as above

STEP TURN STEP SCUFF, LEFT LOCK-STEP SCUFF

1-4 Step forward right, pivot ½ turn left, step forward on right, scuff left foot forward
5-8 Step forward left, lock right foot behind left, step forward on left, scuff right foot forward

WEAVE, ¼ TURN, PIVOT ½ TURN, STOMPS TWICE

1-4 Cross right over left, step left to left side, cross right behind left, step forward on left, making ¼ turn to left
5-8 Step forward right, ½ turn pivot left, stomp right foot forward, stomp left foot next to right

REPEAT