

Tuff E'nuff

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Nancy Morgan (USA)
音樂: Tuff E'nuff - Wynonna



SIDE ROCK, CROSS, STEP, SAILOR SHUFFLE, STEP BEHIND, SIDE, CROSS

1-2 Step right to right side shifting weight from right to left
3-4 Cross right over left, step left to left side
5&6 Put right behind left, step left to left side, step forward on right
7&8 Step left behind right, step right to right side, cross left over right

SIDE ROCK, STEP, PIVOT, SWIVEL RIGHT, SWIVEL LEFT, STEP, HITCH

1-2 Step right to right side shifting weight from right to left
3-4 Step right foot forward, pivot ½ turn to left
5-6 Swivel on balls of both feet to the right and then left (weight ends on left)
7-8 Step right foot forward, hitch left (bring left knee up as you hop on right)

STEP, HITCH, ROCK BACK, SHUFFLE FORWARD, SAILOR SHUFFLE

1-2 Step left foot forward, hitch right (bring right knee up as you hop on left)
3-4 Step back on right and forward on left
5&6 Shuffle forward right, left, right
7&8 Sailor shuffle, left behind right, right to right side, left foot forward

WALK, WALK, HEEL SWITCHES, WALK, WALK WITH ¼ TURN LEFT, HEEL SWITCHES

1-2 Walk forward, right, left
3&4& Put right heel forward, quickly switch right heel to left heel, quickly put left foot next to right
5-6 Walk forward, right, ¼ turn left on left
7&8& Put right heel forward, quickly switch right heel to left heel, quickly put left foot next to right

REPEAT
