Tuesday's Cha Cha

COPPER KNOB

拍數: 40

牆數:1

級數: Beginner line/contra dance

編舞者: Doug Miranda (USA)

音樂: Something Stupid - The Mavericks, Raul Malo & Trisha Yearwood

ROCK FORWARD, BACK, TRIPLE STEP; ROCK BACK, FORWARD, TRIPLE STEP

- 1-4 Step left foot forward; rock back on right; step left, right, left, in place
- 5-8 Step right foot forward; rock back on left; step right, left, right, in place

ROCK SIDE LEFT, BACK ON RIGHT, TRIPLE STEP; ROCK SIDE RIGHT, BACK ON LEFT, TRIPLE STEP

- 9-12 Step left foot to left side, rock back on right, step left, right, left, in place
- 13-16 Step right foot to right side, rock back on left, step right left right, in place

ROCK BACK, FORWARD, TRIPLE STEP; ROCK BACK, FORWARD, TRIPLE STEP

- 17-20 Step left foot back, rock forward on right; step left, right, left, in place
- 21-24 Step right foot back, rock forward on left; step right, left, right, in place

GRAPEVINE LEFT; GRAPEVINE RIGHT

- 25-28 Step left foot to left, step right behind left, step left to left, touch right next to left
- 29-32 Step right foot to right, step left behind right, step right to right, touch left next to right

BUMP FORWARD, BACK

33-36 Step left forward at angle and bump hips twice, lean weight to right foot and bump hips twice
37-40 Lean forward on left and rolling hips forward, roll back, roll forward, roll back (weight on right foot)

REPEAT

