

Trying To Groove

COPPER KNOB
STEPSHEETS

拍數: 128 牆數: 4 級數: Advanced
編舞者: Kurt Glover (AUS)
音樂: Why Me - Delbert McClinton



STEP, CROSS, FULL TURN, STEP, TOUCH, CROSS, STEP, SCUFF

1-2 Step left to left side, cross right over left
3-4 Full turn left, step right across left
5&6 Touch left to left side, step left slightly behind right, step right across left
7-8 Step left to left side turning body left on a 45 degrees angle, scuff right

STEP, STEP, HALF TURN, STEP, SCUFF, HITCH

1-2 Step right back, step left back
3-4 Turn ½ turn right stepping on right, step on left turning full turn right
5-6 Step right forward, step left forward
7-8 Scuff right beside left, bring right knee up

KICK, 45, KICK, KICK, CROSS, HALF TURN, STEP, TOUCH

1-2 Kick right back, turning 45 degrees right keeping right leg off the floor
3-4 Kick right forward, bring right back keeping it off the floor
5-6 Kick right to right side, cross right over left
7&8 Turn ½ turn left, step left on spot, touch right next to left

STEP, BEHIND, STEP, FULL TURN, STEP, KICK, TOUCH

1-2 Step right to right side, step left behind right
3-4 Step right to right side, step left across & turn full turn right
5-6 Step right across left, step left to left side
7-8 Kick right to right side, step right behind left

STEP, KICK, STEP, KICK, STEP, KICK, ¾ TURN, KICK

1-2 Step left to left side, kick right to right side
3-4 Step right behind left, step left to left side
5-6 Kick right to right side, step right across left
7-8 Turn ¾ turn left, kick right forward

TWIST FORWARD, TWIST TOGETHER, TWIST BACK, TWIST, TWIST, TWIST FORWARD, TWIST BACK

1-2 Step right forward twisting heels right, step right back next to left twisting heels left
3-4 Step left back twisting heels right, step left forward next to right twisting heels left
5-6 Step right forward twisting heels right, step left forward twisting heels left
7-8 Step left back next to right twisting heels right, step right back twisting heels left

STEP, LOCK, STEP, BACK, ¾ TURN, STEP, TOUCH

1-2 Step right forward, lock left behind right
3-4 Step right forward, step left back lifting right off floor
5-6 Turn ¾ right, step right
7-8 Step left to left side, touch right beside left

CROSS, HALF TURN, HOLD, CROSS, HALF TURN, HOLD, CROSS, HALF TURN

1-2 Cross right over left, turn ½ turn left
3&4 Hold, step right slightly, cross left over right
5-6 Turn ½ turn right, hold

&7-8 Step right slightly, cross left over right, turn ½ turn right

STEP, SCUFF, TOUCH, HALF TURN, TOUCH, STEP, CROSS, STEP TOUCH

1-2 Step left forward, scuff right beside left
3-4 Touch right to right side, turn ½ turn right & bring right beside left
5&6 Touch left to left side, step left slightly behind right, step right across left
7-8 Step left to left side, touch right beside left

STOMP BALL CHANGE, KICK, KICK, COASTER STEP, STOMP CHANGE

1&2 Stomp right, step right back, step left on spot
3-4 Kick right forward, kick right to right side
5&6 Step right back, step left back, step right forward (coaster step)
7&8 Stomp left, step left back, step right on spot

HEEL PUMPS, HEEL PUMPS, BOX STEP, STEP, STEP, CROSS

1-2 Pump left heel forward across right twice
&3-4 Step left to left, pump right heel forward across left twice
&5-6 Step right to right, cross left over right, step right back
7&8 Step left to left, step right on spot, step left across right

STEP, SLIDE, TWIST, TWIST, STEP, CLAP, HIP BUMPS

1-3 Large step on right to right, sliding left into right for 2 counts
&4 Twist heels left, twist center
5-6 Step left to left, step right beside left and clap
7-8 Step right to right, bump hips right twice

CROSS, HALF TURN, STEP, TOUCH, SIDE, TOUCH, SIDE, STEP KICK

1-2 Step right across left, turn ½ turn left
3-4 Step left to left, touch right beside left
5-6 Step right to right, touch left beside right
7&8 Step left to left side, step right on the spot, kick left across body

CLICK, CLICK, SHUFFLE LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, STEP, HALF TURN

1-2 Click right twice
3&4 Turn to the 45 degrees angle & shuffle forward left-right-left
5&6 Shuffle forward right-left-right
7-8 Step left forward, pivoting ½ turn right (stay on the angle)

SHUFFLE LEFT-RIGHT-LEFT, RIGHT-LEFT-RIGHT, STEP, ¼ TURN, STEP, HALF TURN

1&2 Shuffle forward left-right-left
3&4 Shuffle forward right-left-right
5-6 Step left forward, pivoting ¼ turn right (off the angle now)
7-8 Step left forward, pivoting ½ turn right

STEP, BUMP HIPS, BUMP HIPS, ¼ TURN, STRUT, STRUT

1-2 Step left to left bumping hips left twice
3-4 Bump hips right twice
5-6 Turn ¼ turn left step left forward strutting heel/toe
7-8 Step right forward strutting forward heel/toe

REPEAT
