Try A Little Kindness

級數: Improver

編舞者: Barbara Hile (AUS)

拍數: 32

音樂: Try a Little Kindness - Billie Jo Spears

FORWARD, HOLD, PIVOT ¼ LEFT, HOLD, FORWARD, HOLD, PIVOT ¼ LEFT, HOLD

- 1-4 Step right forward, hold, pivot ¼ left, hold
- 5-8 Step right forward, hold, pivot ¼ left, hold

3 FORWARD WALKS, TOUCH TO SIDE, 2 BACK WALKS, STEP ¼ TURN LEFT, TOUCH BESIDE

- 1-4 Walk forward right, left, right, step touch left to left side
- 5-8 Walk back left, right, turn ¼ left stepping left to left side, touch right beside left

FORWARD RIGHT DIAGONAL, TOGETHER, BOUNCE HEELS TWICE, FORWARD LEFT DIAGONAL, TOGETHER, BOUNCE HEELS TWICE

- 1-4 Step right forward on right diagonal, step left beside right, bounce both heels twice
- 5-8 Step left forward on left diagonal, step right beside left, bounce both heels twice

SIDE, STOMP, SIDE, STOMP, BACK, HEEL, FORWARD, SCUFF

- 1-4 Step right to right side, stomp up left beside right (with claps) step left to left side, stomp up right beside left (with claps)
- 5-8 Step back on right, touch left heel forward (with claps) step forward on left, scuff right forward (with claps)

REPEAT

RESTART

During the 5th wall (facing 3:00) dance up to beat 28 (leave off last 4 beats). Begin again





牆數:4