

# The Truth About Men

**COPPERKNOB**  
STEPSHEETS

拍數: 68      牆數: 4      級數: Improver  
編舞者: Lotus Rose Bailes (USA)  
音樂: That's the Thing About a Memory - Tracy Byrd



## TOE STRUT RIGHT AND SHUFFLE FORWARD

1-4      Toe strut right and left  
5-8      Shuffle forward right and left

## KICK BALL CHANGE, ½ TURN TO LEFT AND SHUFFLE FORWARD

1&2      Right kick ball change  
3-4      Cross right over left and turn ½ to left (keeping weight on right)  
5&6      Shuffle forward left  
7&8      Shuffle forward right

## TOE STRUT LEFT AND SHUFFLE FORWARD

1-4      Toe strut left and right  
5-8      Shuffle forward left and right

## KICK BALL CHANGE, ½ TURN TO RIGHT AND SHUFFLE FORWARD

1&2      Left kick ball change,  
3-5      Cross left over right and turn ½ to right (keeping weight on left)  
5&6      Shuffle forward right  
7&8      Shuffle forward left

## SHUFFLE RIGHT AND LEFT WITH BACKWARD ROCKS

1-4      Shuffle right and rock back on the left and forward on right  
5-8      Shuffle left and rock back on the right and forward on left

## DIAGONAL TOUCHES, HIP BUMPS BACKWARDS

1-2      Step right forward at a diagonal to the right and touch the left beside the right (clap hands on the touch)  
3-4      Step left forward at a diagonal to the left and touch the right beside the left (clap hands on the touch)  
5&6      Step back right and hip bump  
7&8      Step back left and hip bump

## HEEL GRINDS

1-2      Heel grind right  
3-4      Heel grind left  
5-8      Repeat 1-4

## FULL MONTEREY TURN TO THE RIGHT, ¼ TURN HEEL BOUNCES

1-2      Touch right to right side, turn half to the right and step on right  
3-4      Touch left to left side and step left beside right  
5-8      Raise weight onto balls of feet and bounce heels on floor 4 times while turning ¼ turn to the right

## STEP, HOLD, ½ PIVOT-HOLD

1-2      Step forward on the right and hold  
3-4      Turn ½ to the left and hold

REPEAT

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