

Trust In Me

拍數: 60 牆數: 2 級數: Intermediate
編舞者: Paul Farrugia (UK)
音樂: Don't Be Stupid (You Know I Love You) - Shania Twain



RIGHT SAILOR SCUFF, LEFT SAILOR SCUFF, FULL TURN, LEFT SIDE SHUFFLE

1&2 Right behind left, step back on to left, scuff right putting weight on to right
3&4 Left behind right, step back on to right, scuff left putting weight on to left
5-6 Cross right behind left, and unwind a full turn
7&8 Left side, close right to left, left side

HEEL SWITCHES AND HOOK, RIGHT SIDE SHUFFLE, AND STOMPS

9&10 Right heel, left heel
11&12 Right heel, hook right foot round front of left knee, replace right heel
13&14 Right side, close left to right, right side
15-16 Stomp left, stomp right

LEFT SAILOR SCUFF, RIGHT SAILOR SCUFF, FULL TURN, RIGHT SIDE SHUFFLE

17&18 Left behind right, step back on to right, scuff left putting weight on to left
19&20 Right behind left, step back on to left, scuff right putting weight on to right
21-22 Cross left behind right, and unwind a full turn
23&24 Right side, close left to right, right side

HEEL SWITCHES AND HOOK, FORWARD SHUFFLE, HALF TURN

25&26 Left heel, right heel
27&28 Left heel, hook left foot round front of right knee, replace left heel
29&30 Step forward left, close right behind left, step left forward
31-32 Step right, half turn over left shoulder

STEP FORWARD, APPLEJACK, HALF TURN, HALF TURN

33-34 Step forward right, step forward left
35&36 Applejack left then right
37-38 Step forward right, half turn over left shoulder
39-40 Step forward right, half turn over left shoulder

GRAPEVINE AND HEEL SWITCH

41-42 Step right to the side, step left behind
&43 And skip left heel forward
&44 And cross right foot over left
45-46 Step left to the side, step right behind left
&47 And skip right heel forward
&48 And cross left foot over right

SHUFFLE FORWARD, HALF TURN

49&50 Step forward right, close left behind right, step forward right
51-52 Step forward left, half turn over right shoulder

HEELS AND TOES

53&54 Left heel forward, right toe behind
55&56 Left toe behind (turning ¼ turn right at same time), right heel forward
57&58 Left heel forward, right toe behind

59&60

Left toe behind (turning $\frac{1}{4}$ turn right at same time), right heel forward

REPEAT
