

Trust

拍數: 32 牆數: 4 級數: Improver
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音樂: Trust - GANGgajang



SHUFFLE SIDE, COASTER CORNER 1/8 RIGHT, FORWARD, SIDE, COASTER ¼ LEFT

1&2 Shuffle left, right, left sideways to left
3&4 Step right back facing 45 degrees right (1:00), step left together, step right forward at 45 degrees right
5-6 Step left forward still facing corner, step right to side straightening up to front wall
7&8 Step left back turning ¼ turn left (9:00), step right together, step left forward (9:00)

SHUFFLE FORWARD, FORWARD-TOGETHER-BACK, &-BACK, UNWIND ¾ RIGHT, CROSS SHUFFLE

1&2 Shuffle forward right, left, right
3& Step left forward at 45 degrees left (diagonally left), step right together
4 Step left slightly back at a small angle to the left
& Step right back at 45 degrees right (diagonally right)
5 Cross/step left back over right
6 Unwind on balls of both feet ¾ turn right (6:00 weight ends on left)
7&8 Cross shuffle right, left, right to left

SIDE ROCK CROSS SHUFFLE, HALF TURN CROSS SHUFFLE

1-2 Rock/step left to side, side rock onto right
3&4 Cross shuffle left, right, left to right
5 Step right back turning ¼ turn left
6 Step left to side turning ¼ turn left
7&8 Cross shuffle right, left, right to left

SIDE-ROCK-CROSS, BACK ¼ LEFT, TURN ½ LEFT, KICK-BALL-STEP-BALL-STEP-BALL-STEP-BALL (GALLOP)

1&2 Rock/step left to side, side rock onto right, cross/step left over right
3 Step right back turning ¼ turn left
4 Step left forward turning ½ turn left
5 Kick right forward
&6&7 Step ball of right together, step left forward, step ball of right together, step left forward
&8& Step ball of right together, step left forward, step ball of right together

REPEAT

TAG

At the end of the 7th wall (facing 9:00) add four (4) paddle turns turning a total of one-and-a-quarter (450 degrees) turns right to face front wall and restart. Sway your hips to accentuate the turns

1-8 Step left forward, pivot more than ¼ turn right changing weight to right; repeat 3 more times