

True Heart

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Val Hurt (UK)
音樂: My Heart Is True - Smokie



WEAVE RIGHT, SIDE ROCK, CROSS SHUFFLE

1-2 Step right to right side cross left behind right
3-4 Step right to right side cross left over right
5-6 Rock right to right side recover to left
7&8 Cross right over left, step left to left side cross right over left

WEAVE ½ TURN ¼ TURN STEP ½ PIVOT

1-2 Step left to left side, cross right behind left
3-4 Step left making ¼ turn left, make another ¼ turn left stepping right to right side
5-6 Step left behind right make ¼ turn right stepping right forward
7-8 Step forward on left pivot ½ turn right (facing 3:00)

ROCK AND STEP FORWARD TWICE FULL TURN STEP ¼ PIVOT

1&2 Rock left to left side recover to right step forward on left
3&4 Rock right to right side recover to left step forward on right
5-6 Make ½ turn stepping back on left, make ½ turn stepping forward on right
7-8 Step forward on left, make ¼ pivot right (facing 6:00)

CROSS SHUFFLE ½ TURN CROSS SHUFFLE SIDE ROCK

1&2 Cross left over right, step right to right side, cross left over right
3-4 Make ¼ turn left stepping forward on right, make ¼ turn left stepping left to left side
5&6 Cross right over left, step left to left side, cross right over left
7-8 Rock left to left side recover to right (facing 12:00)

BEHIND AND CROSS, POINT CROSS, POINT JAZZ BOX ¼ TURN LEFT

1&2 Cross left behind right step right to right side cross left over right
3-4 Point right toe to right side, cross right over left
5-6 Point left toe to left side, cross left over right
7-8 Make ¼ turn left stepping back on right, step left to left side (facing 9:00)

WEAVE ¼ TURN ROCK RECOVER SHUFFLE HALF TURN

1-2 Cross right over left step left to left side
3-4 Cross right behind left make ¼ turn left stepping forward on left
5-6 Rock forward on right recover on left
7&8 Shuffle ½ turn right stepping, right, left, right (facing 12 o' clock)

STEP ½ PIVOT SHUFFLE FORWARD FULL TURN KICK-BALL-STEP

1-2 Step forward on left ½ pivot turn
3&4 Shuffle forward left, right, left
5-6 Make ½ turn stepping back on right, make ½ turn stepping forward on left
7&8 Kick right foot forward step on ball of right, step forward on left (facing 6:00)

JAZZ BOX ¼ TURN RIGHT, CROSS BACK AND CROSS SCUFF RIGHT

1-2 Cross right over left, make ¼ turn right stepping back on left
3-4 Step right to right side, step slightly forward on left
5-6 Cross right over left, step back on left

&7-8 Step right to right side, cross left over right, scuff right (facing 9:00)

REPEAT

TAG

At the end of the second wall

ROCK FORWARD, SHUFFLE HALF TURN, STEP PIVOT, SHUFFLE FORWARD

1-2 Rock forward on right, recover to left

3-4 Shuffle half turn, right, left, right

5-6 Step forward on left, half pivot turn

7&8 Left shuffle forward, left, right, left
