

True Grit (P)

COPPERKNOB
STEPSHETS

拍數: 64 牆數: 0 級數: Partner
編舞者: Jim Godsall & Nen Godsall
音樂: Believe Me Baby (I Lied) - Trisha Yearwood



Position: Opposite footwork throughout. Man facing OLOD, Lady facing ILOD, Hands crossed, Right hands on top

MAN'S STEPS

CROSS ROCK, SIDE, TOGETHER, SIDE TOUCH, CROSS ROCK

- 1-2 Cross left over right, rock back onto right
- 3 Step left to side
- 4 Step right together
- 5 Step left to side
- 6 Touch right beside left
- 7-8 Cross right over left, rock back onto left

Still facing OLOD

Arms: keep hold of both hands and raise both arms over lady's head as she turns. End with hands still crossed, left hands on top

SIDE, TOGETHER, SIDE, TOUCH, CROSS ROCK, ¼ TURN, BRUSH

- 9 Step right to side
- 10 Step left together
- 11-12 Step right to side, touch left beside right

Arms: keep hold of both hands and raise both arms over lady's head as she turns. End with hands still crossed, right hands on top

- 13-14 Cross left over right, rock back onto right
- 15 Make ¼ turn left into LOD stepping on left
- 16 Brush right forward

Arms: as you make ¼ turn into LOD, raise right arms over lady's head to end up in side by side (sweetheart) position

BOTH: SHUFFLE, WALK, WALK, SHUFFLE, WALK, WALK

- 17-20 Right shuffle forward, walk forward left, right
- 21-24 Left shuffle forward, walk forward right, left

VINE RIGHT, PLACE

Change sides passing behind lady

- 25 Step right to side
- 26 Cross left behind right
- 27 Step right to side
- 28 Step left together and place weight

Arms: release right hands. Raise left arms over lady's head as she turns, ending left palm to left palm

BOTH: TWO SHUFFLES ROTATING ½ TURN LEFT

With left palm to left palm, rotate round ½ turn left (slapping right hands with oncoming neighbor)

- 29-32 Right shuffle, left shuffle

Now facing RLOD

STEP, ½ PIVOT, SHUFFLE, WALK, WALK, SHUFFLE

- 33 Step forward on right
- 34 Pivot ½ turn to left into LOD
- 35&36 Right shuffle forward

Arms: as man does step pivot, re-join hands in side by side (sweetheart) position

37 Walk forward left

38 Walk forward right

39&40 Left shuffle forward

Option: replace lady's turn with walking forward right, left

Arms: release left hands and raise right arms over lady's head as she turns. Re-join in sweetheart position

BOTH: ROCK FORWARD, ROCK BACK, BACK SHUFFLE, ROCK BACK, ROCK FORWARD, ¼ TURN TO FACE, PLACE

41-42 Rock forward on right, rock back on left

43&44 Right shuffle back

45-46 Rock back on left, rock forward on right

47 Make ¼ turn right stepping left to side to face OLOD

48 Step right together and place weight

Arms: as you make ¼ turn to face, raise right arm over lady's head. As you place weight on count 48.

Release both hands and lady place her right hand into man's left (i.e. Forward hands to LOD held)

CHANGE SIDES: WALK LEFT, RIGHT, LEFT, TOUCH, MAKING ½ TURN LEFT

Change sides passing left shoulder to left shoulder

49-52 Walk forward on left, right, left, touch making ½ turn left

Now facing ILOD

Arms: raise man's left arm and lady's right arm over lady's head as she changes sides

ROLLING VINE RIGHT, PLACE

53 Make ¼ right on right

54 Make ½ turn right stepping back on left

55 Make ¼ turn right stepping right to side

56 Step left together and place weight

Still facing ILOD. Right shoulder opposite lady's right shoulder

Option: the lady can also do a rolling vine if preferred

Arms: release hands as man turns. As man finishes turn, pick up lady's left hand in his right (i.e. Forward hands to LOD held)

CHANGE SIDES: WALK RIGHT, LEFT, RIGHT, TOUCH, MAKING ½ TURN RIGHT

Change sides passing right shoulder to right shoulder

57-60 Walk forward on right, left, right, touch making ½ turn right

Now facing OLOD

Arms: raise man's right arm and lady's left arm over lady's head as she changes sides

ROLLING VINE LEFT, PLACE

61 Make ¼ turn left on left

62 Make ½ turn left stepping back on right

63 Make ¼ turn left stepping left to side

64 Step right together and place weight

Still facing OLOD ready to start again option: the lady can also do a rolling vine if preferred

Arms: release hands as man turns. As man finishes turn, both man and lady put arms ready in cross-arm position, right on top

REPEAT

LADY'S STEPS

CROSS ROCK, ROLLING VINE RIGHT, TOUCH, CROSS ROCK

1-2 Cross right over left, rock back onto left

3 Make ¼ turn right stepping on right

4 Make ½ turn right stepping back on left

5 Make ¼ turn right stepping right to side

- 6 Touch left beside right
7-8 Cross left over right, rock back onto right

Still facing ILOD

Arms: keep hold of both hands and raise both arms over lady's head as she turns. End with hands still crossed, left hands on top

ROLLING VINE LEFT, TOUCH, CROSS ROCK, ¼ TURN, BRUSH

- 9 Make ¼ turn left stepping on left
10 Make ½ turn left stepping back on right
11-12 Make ¼ turn left stepping left to side, touch right beside left

Arms: keep hold of both hands and raise both arms over lady's head as she turns. End with hands still crossed, right hands on top

- 13-14 Cross right over left, rock back onto left
15 Make ¼ turn right into LOD stepping on right
16 Brush left forward

Arms: as you make ¼ turn into LOD, raise right arms over lady's head to end up in side by side (sweetheart) position

BOTH: SHUFFLE, WALK, WALK, SHUFFLE, WALK, WALK

- 17-20 Left shuffle forward, walk forward right, left
21-24 Right shuffle forward, walk forward left, right

¼ TURN RIGHT, ¼ TURN RIGHT, STEP, PLACE

Change sides passing in front of man

- 25 Make ¼ turn right stepping back on left
26 Make ¼ turn right stepping right to side
27 Step left together
28 Step right together and place weight

Arms: release right hands. Raise left arms over lady's head as she turns, ending left palm to left palm

BOTH: TWO SHUFFLES ROTATING ½ TURN LEFT

With left palm to left palm, rotate round ½ turn left (slapping right hands with oncoming neighbor)

- 29-32 Left shuffle, right shuffle

Now facing LOD

ROCK BACK, ROCK FORWARD, SHUFFLE, FULL TURN LEFT TRAVELING FORWARD SHUFFLE

- 33 Rock back on left
34 Rock forward on right
35&36 Left shuffle forward

Arms: as man does step pivot, re-join hands in side by side (sweetheart) position

TRAVELING FORWARD

- 37 Make ½ turn left stepping back on right
38 Make ½ turn left stepping forward on left
39&40 Right shuffle forward

Option: replace lady's turn with walking forward right, left

Arms: release left hands and raise right arms over lady's head as she turns re-join in sweetheart position

BOTH: ROCK FORWARD, ROCK BACK, BACK SHUFFLE, ROCK BACK, ROCK FORWARD, ¼ TURN TO FACE, PLACE

- 41-42 Rock forward on left, rock back on right
43&44 Left shuffle back
45-46 Rock back on right, rock forward on left
47 Make ¼ turn left stepping right to side to face ILOD
48 Step left together and place weight

Arms: as you make ¼ turn to face, raise right arm over lady's head. As you place weight on count 48

Release both hands and lady place her right hand into man's left (i.e. Forward hands to LOD held)

CHANGE SIDES: WALK RIGHT, LEFT, RIGHT, TOUCH, MAKING ½ TURN RIGHT

Change sides passing left shoulder to left shoulder

49-52 Walk forward on right, left, right, touch making ½ turn right

Now facing OLOD

Arms: raise man's left arm and lady's right arm over lady's head as she changes sides

VINE LEFT, PLACE

53 Step left to side

54 Cross right behind left

55 Step left to side

56 Step right together and place weight

Still facing OLOD. Right shoulder opposite man's right shoulder

Option: the lady can also do a rolling vine if preferred

Arms: release hands as man turns. As man finishes turn, pick up lady's left hand in his right (i.e. Forward hands to LOD held)

CHANGE SIDES: WALK LEFT, RIGHT, LEFT, TOUCH, MAKING ½ TURN LEFT

Change sides passing right shoulder to right shoulder

57-60 Walk forward on left, right, left, touch making ½ turn left

Now facing ILOD

Arms: raise man's right arm and lady's left arm over lady's head as she changes sides

VINE RIGHT, PLACE

61 Step right to side

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64 Step left together and place weight

Still facing ILOD ready to start again option: the lady can also do a rolling vine if preferred

Arms: release hands as man turns. As man finishes turn, both man and lady put arms ready in cross-arm position, right on top

REPEAT
