True Friends



拍數: 36 編數: Beginner waltz

編舞者: Barbara Lowe (UK)

音樂: Mildred Madalyn Johnson - Fernando Ortega



This dance is written with kind permission from Teresa and Vera

WALTZ BASICS MOVING FORWARD TWICE

1-2-3	Step forward on left, step right next to left, step left foot next to right
4-5-6	Step forward on right, step left next to right, step right next to left

WALTZ BASICS MOVING BACK TWICE

1-2-3	Step back on left, step right next to left, step left foot next to right
4-5-6	Step back on right, step left next to right, step left foot next to right

BASIC TWINKLES RIGHT LEFT X4

1-2-3	Cross left over right, rock back on right, step left next to right
4-5-6	Cross right over left, rock back on left, step right next to left
1-2-3	Cross left over right, rock back on right, step left next to right
4-5-6	Cross right over left, rock back on left, step right next to left

BASIC FORWARD MAKING 1/4 TURN LEFT BASIC BACK TWICE

1-2-3	Step forward on left, step right next to left, step left next to right
4-5-6	Step back on right making 1/4 turn to left, step left next to, step right next to left
1-2-3	Step forward on left, step right next to left, step left next to right
4-5-6	Step back on right making 1/4 turn to left, step left next to, step right next to left

REPEAT