

True Believer

拍數: 48 牆數: 4 級數: Beginner
編舞者: Norma Lozano (USA) & Joe Lozano (USA)
音樂: True Believer - Robert Ellis Orrall



TOE TAPS

- 1 Tap right foot beside left
- 2 Tap right foot beside left
- 3 Tap right foot to right side
- 4 Tap right foot to right side
- 5 Tap right foot beside left
- 6 Tap right foot to right side
- 7 Switch bringing right foot home while tapping left foot to left side
- 8 Hold and clap hands

TOE TAPS

- 9 Tap left foot beside right
- 10 Tap left foot beside right
- 11 Tap left foot to left side
- 12 Tap left foot to left side
- 13 Tap left foot beside right
- 14 Tap left foot to left side
- 15 Switch bringing left foot home while tapping right foot to right side
- 16 Hold and clap hands

SWITCHED TOE TAPS

- 17 Switch right foot home while tapping left to left side
- 18 Hold and clap hands
- 19 Switch left foot home while tapping right to right side
- 20 Hold and clap hands
- 21 Switch right foot home while tapping left to left side
- 22 Switch left foot home while tapping right to right side
- 23 Switch right foot home while tapping left to left side
- 24 Hold and clap hands

HIP ROLLS

- 25-28 While holding position, roll hips right, left, right, left (shift weight to extended left foot)

SHUFFLE, ROCK, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER

- 29&30 Shuffle forward right, left, right
- 31 Rock forward onto right
- 32 Rock back onto left
- 33&34 Shuffle backwards left, right, left
- 35 Rock back on right
- 36 Rock forward on left

SHUFFLE, STEP, PIVOT, SHUFFLE, STEP PIVOT

- 37&38 Shuffle forward right, left, right
- 39 Step forward left
- 40 Pivot ½ turn right
- 41&42 Shuffle forward left, right, left

43 Step forward right

44 Pivot $\frac{1}{2}$ turn left

STEP, $\frac{1}{4}$ TURN, STOMP, CLAP

45 Step forward right

46 Pivot $\frac{1}{4}$ turn left

47 Stomp right beside left

48 Hold and clap hands

REPEAT
