

Truckin'

拍數: 96 牆數: 0 級數:
編舞者: Justine Shuttleworth (AUS)
音樂: I Refuse to Sing the Blues - The Wheel



- 1-4 Kick right foot forward, step right next to left, kick left foot forward, step left next to right
5-8 Step right to right, step left next to right, step right to right, touch left next to right
9-12 Kick left foot forward, step left next to right, kick right foot forward, step right next to left
13-16 Step left to left, step right next to left, step left to left, touch right next to left
17-20 Kick right foot forward, step right next to left, kick left foot forward, step left next to right
21-24 Step right to right, step left next to right, step right to right, touch left next to right
- 25-28 Step left back at 45 degrees left, step right next to left, step left back at 45 degrees left, tap right next to left
29-32 Step right back at 45 degrees right, step left next to right, step right back at 45 degrees right, step left next to right
- 33-34 Step right foot forward, pivot 45 degrees left replacing weight onto left
35-36 Step right foot forward, pivot 45 degrees left replacing weight onto left
37-38 Step right foot forward, pivot 45 degrees left replacing weight onto left
39-40 Step forward on right, hold
- 41-42 Step left foot forward, pivot 45 degrees right replacing weight onto right
43-44 Step left foot forward, pivot 45 degrees right replacing weight onto right
45-46 Step left foot forward, pivot 45 degrees right replacing weight onto right
47-48 Step forward on left, hold
- 49-52 Step forward on right, hold, kick left foot forward, hold
53-56 Step back on left, hold, rock back on right, forward on left
57-64 Repeat last 8 beats
- 65-68 Step forward on right, hold, pivot ½ turn left, hold
69-72 Step right forward, step left next to right, step right forward, hold
- 73-76 Step forward on left, hold, pivot ½ turn right, hold
77-80 Step left forward, step right next to left, step left forward, hold
- 81-84 Step right to right, step left to left, step right behind left, hold
85-88 Step left to left, step right to right, step left behind right, hold
- 89-92 Step right to right, step left to left, step right behind left, pivot ½ turn right
93-96 Bump hips right twice, bump hips left twice

REPEAT
