

Troy's Steps

拍數: 64 牆數: 2 級數: Advanced
編舞者: Jeanette Robson (UK), Enid Dunbar & Allan Stephenson
音樂: The Hank Song - Troy Olsen



RIGHT SHOULDER PUSH STEP AND 3 HEEL TAPS, HALF TURN RIGHT, HALF TURN RIGHT

- 1-4 Step right foot forward, lead with right shoulder, pushing right shoulder down and forward tapping right heel and bouncing right knee three times (doing a hot tamale shoulder push, with style)
- 5-8 Step forward on the left foot and turn $\frac{1}{2}$ right, step forward on the left making another $\frac{1}{2}$ turn right, left shoulder push step and 3 heel taps, half turn left, half turn left
- 1-4 Step left foot forward, lead with left shoulder, pushing left shoulder down and forward tapping left heel and bouncing left knee three times (doing a hot tamale shoulder push with style)
- 5-8 Step forward on the right foot and turn $\frac{1}{2}$ turn left, step forward on the right foot making another $\frac{1}{2}$ turn left

VAUDEVILLE RIGHT, LEFT HEEL & CROSS, VAUDEVILLE LEFT, RIGHT HEEL & CROSS

- 1-2 Step right foot to right side, cross left foot behind right foot
- &3 Step right foot to right side, touch left heel forward
- &4 Bring left foot in & cross right foot in front of left
- 5-6 Step left foot to left side, cross right behind left
- &7 Step left foot to left side, touch right heel forward
- &8 Bring right foot in and cross left foot in front of right

RIGHT SLIDE AND TOUCH LEFT, LEFT KICKBALL CHANGE, LEFT FORWARD TOUCH, RIGHT BACK TOUCH

- 1-2 Slide right foot to right side (long step drag) touch left toe next to right foot
- 3&4 Kick left foot forward, step left in place and right in place on ball of feet
- 5-6 Step forward on left, touch right beside left
- 7-8 Step back on right, touch left beside right

BOX TOUCHES $\frac{1}{4}$ TURN LEFT TOUCH, $\frac{1}{4}$ TURN LEFT TOUCH, $\frac{1}{4}$ TURN LEFT TOUCH, $\frac{1}{4}$ TURN LEFT TOUCH

- 1-4 Turn $\frac{1}{4}$ turn left stepping left forward, touching right toe beside left, turn $\frac{1}{4}$ turn left stepping side right, touching left beside right
- 5-8 Turn $\frac{1}{4}$ left stepping left forward, touching right beside left, turn $\frac{1}{4}$ turn left stepping right to ride side, touching left beside right

LEFT CHASSE, ROCK BACK RIGHT, RIGHT CHASSE, ROCK BACK LEFT

- 1&2 Step left to left side, bring right beside left, step left to left side
- 3-4 Rock back on the right foot behind the left and replace the weight onto the left
- 5&6 Step right to right side, bring left beside right, step right to right side
- 7-8 Rock back on the left behind the right and replace the weight onto the right

STEP LEFT, HALF TURN RIGHT, STEP LEFT FORWARD, HOLD, RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD

- 1-2 Step forward on the left foot, make a half pivot turn right
- 3-4 Step forward on the left foot and hold for 1 count
- 5&6 Right shuffle forward (right, left right)
- 7&8 Left shuffle forward (left, right left)

Restart here on the 3rd wall, change the weight to the right foot as you start dance again

RIGHT ROCK FORWARD, RIGHT COASTER STEP, LEFT ROCK FORWARD LEFT COASTER STEP

1-2 Rock forward on the right foot, replace the weight onto the left foot

3&4 Right back coaster step in place (back right, together left, forward right)

Restart here on the 4th wall after the first coaster step, change the weight to the right foot as you start dance again

5-6 Rock forward on the left foot, replace the weight onto the right foot

7&8 Left back coaster step in place (back left, together right, forward left)

REPEAT

Thanks to Tony Wilson of Tucson for introducing me to Troy Olsen - he rocks

RESTART

On the 3rd wall, after count 56, change the weight to the right foot as you start dance again

On the 4th wall, after the first coaster step at count 60, change the weight to the right foot as you start dance again
