

# Troubled Mind

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 4      級數:  
編舞者: Gordon Elliott (AUS)  
音樂: Ease My Troubled Mind - Ricochet



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- 1-4            Kick left forward, stomp left together, clap twice
- 5-6            Step left to the side, slide right together  
7-8            Step left to the side, slide right together
- 9-10            Strut-step right heel forward, slap right toe to the floor  
11-12           Step left heel forward, slap left toe to the floor
- 13-14           Touch right heel forward, touch right toe back  
15            Pivoting on the left-turn  $\frac{1}{4}$  turn right  
16            Hitch right knee across body and slap with left hand
- 17-18           Step right to the side, step left behind right  
19            Step right to the side  
20            Hitch left knee across body and slap with right hand
- 21            Touch left toe to the side  
22            Step left toe across in front of right  
23            On the balls of the feet-turn  $\frac{1}{2}$  turn right  
24            Kick right forward
- 25-26           Step right back, touch left toe back  
27-28           Step left forward, kick right forward
- 29-30           Step right back, step left back  
31            Turning  $\frac{1}{2}$  turn right, step right forward  
32            Stomp left together

**REPEAT**

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