

Trouble On The Line

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數:
編舞者: Barry Amato (USA)
音樂: Ease My Troubled Mind - Ricochet



STEP, TOE, HEEL, STEP, TOE, HEEL, STEP, HOLD

- 1 Step right foot in place
- 2 Dig left toe in toward right foot
- 3 Touch left heel out to left
- 4 Step left foot next to right foot
- 5 Dig right toe in toward left foot
- 6 Touch right heel out to right
- 7 Step right foot next to left foot
- 8 Hold

FOOT STAMPS

- 9 Stamp left foot to right, crossed over right foot and pointing diagonally to right (weight remains on right foot throughout)
- 10 Hold
- 11 Stamp left foot to left, pointing diagonally to left
- 12 Hold
- 13 Stamp left foot to right, crossed over right foot and pointing diagonally to right
- 14 Stamp left foot to left, pointing diagonally to left
- 15 Stamp left foot to right, crossed over right foot and pointing diagonally to right
- 16 Hold

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, BALL-CHANGE, TOUCH

- 17 Step left foot home
- 18 Touch right foot out in front of left foot
- 19 Step right foot next to left foot
- 20 Touch left foot out in front of right foot
- 21 Step left foot next to right foot
- 22 Touch right foot out in front of left foot
- &23 Step right foot to right side, transfer weight quickly to left foot
- 24 Touch right foot out in front of left foot

STEP, TOUCH, BALL-CHANGE, TOUCH, REPEAT

- 25 Step right foot home
- 26 Touch left foot out in front of right foot
- &27 Step left foot to left side, transfer weight quickly to right foot
- 28 Touch left foot out in front of right foot
- 29 Step left foot home
- 30 Touch right foot out in front of left foot
- &31 Step right foot to right side, transfer weight quickly to left foot
- 32 Touch right foot out in front of left foot

¼ TURN, SLAP, STEP, ½ PIVOT, ¼ TURN, ¼ TURN, SLAP, STEP

- 33 Put weight on right foot, turning ¼ to left
- 34 Bend left knee and kick left foot to right behind right knee, slapping left foot with right hand
- 35 Step left foot to left
- 36 Pivot ½ turn to right on left foot and step on right foot

- 37 Pivot $\frac{1}{4}$ turn to right on right foot and step forward on left foot
- 38 Pivot $\frac{1}{4}$ turn to right on left foot. Transfer weight to right foot (feet are apart)
- 39 Bend left knee and kick left foot to right behind right knee, slapping left foot with right hand
- 40 Step on left foot beside right foot, a shoulder width apart

HIP SWAYS, $\frac{1}{4}$ TURN, STEP, $\frac{1}{4}$ TURN, STEP

- 41-42 Sway the right hip to the right
- 43-44 Sway the left hip to the left
- 45 Pivot $\frac{1}{4}$ turn to left on left foot and step to right on right foot (sway right hip to right)
- 46 Step on left foot in place (return hip to center)
- 47 Pivot $\frac{1}{4}$ turn to left on left foot and step to right on right foot (sway right hip to right)
- 48 Step on left foot in place (return hip to center)

REPEAT
