Trouble On The Line



拍數: 48 牆數: 4 級數:

編舞者: Barry Amato (USA)

音樂: Ease My Troubled Mind - Ricochet



STEP, TOE, HEEL, STEP, TOE, HEEL, STEP, HOLD

1 (Stan	riaht	foot	in	place
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Dig left toe in toward right foot
Touch left heel out to left
Step left foot next to right foot
Dig right toe in toward left foot
Touch right heel out to right
Step right foot next to left foot

8 Hold

FOOT STAMPS

9	Stamp left foot to right, crossed over right foot and pointing diagonally to right (weight remains on right foot throughout)
10	Hold
11	Stamp left foot to left, pointing diagonally to left
12	Hold
13	Stamp left foot to right, crossed over right foot and pointing diagonally to right
14	Stamp left foot to left, pointing diagonally to left
15	Stamp left foot to right, crossed over right foot and pointing diagonally to right

16 Hold

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, BALL-CHANGE, TOUCH

17	Step left foot home
18	Touch right foot out in front of left foot
19	Step right foot next to left foot
20	Touch left foot out in front of right foot
21	Step left foot next to right foot
22	Touch right foot out in front of left foot
&23	Step right foot to right side, transfer weight quickly to left foot
24	Touch right foot out in front of left foot

STEP, TOUCH, BALL-CHANGE, TOUCH, REPEAT

25	Step right foot home
26	Touch left foot out in front of right foot
&27	Step left foot to left side, transfer weight quickly to right foot
28	Touch left foot out in front of right foot
29	Step left foot home
30	Touch right foot out in front of left foot
&31	Step right foot to right side, transfer weight quickly to left foot
32	Touch right foot out in front of left foot

1/4 TURN, SLAP, STEP, 1/2 PIVOT, 1/4 TURN, 1/4 TURN, SLAP, STEP

33	Put weight on right foot, turning ¼ to left
34	Bend left knee and kick left foot to right behind right knee, slapping left foot with right hand
35	Step left foot to left
36	Pivot ½ turn to right on left foot and step on right foot

39	Bend left knee and kick left foot to right behind right knee, slapping left foot with right hand	
40	Step on left foot beside right foot, a shoulder width apart	
HIP SWAYS, ¼ TURN, STEP, ¼ TURN, STEP		
41-42	Sway the right hip to the right	
43-44	Sway the left hip to the left	
45	Pivot ¼ turn to left on left foot and step to right on right foot (sway right hip to right)	
46	Step on left foot in place (return hip to center)	
47	Pivot ¼ turn to left on left foot and step to right on right foot (sway right hip to right)	
48	Step on left foot in place (return hip to center)	

Pivot ½ turn to right on left foot. Transfer weight to right foot (feet are apart)

Pivot ¼ turn to right on right foot and step forward on left foot

REPEAT

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