

Trouble

拍數: 32 牆數: 0 級數:
編舞者: Joan Lubar-Alvaiiez
音樂: Some Kind of Trouble - Tanya Tucker



KICK BALL CHANGES

1&2 Kick right foot forward; step back on heel of right; step left
3&4 Kick right foot forward; step back on ball of right; step left

CROSS TURN

&5 Step right; step left
&6 Hook behind left with right foot; cross in front with left
7-8 Turn ½ turn to right on balls of both feet; lift heels in small bounce

STRUT STEPS

9-10 Right heel in front; as ball of right goes down, drag left foot up and step
11-12 Right heel in front; as ball of right goes down, drag left foot up and step
13-14 Right heel in front; as ball of right goes down, drag left foot up and step
15-16 Right heel in front; as ball of right goes down, drag left foot up and step

SKIPS BACKWARDS

&17 Lift right knee and scoot (skip) backwards on left; step back on right
&18 Lift left knee and scoot (skip) backwards on right; step back on left
&19 Lift right knee and scoot (skip) backwards on left; step back on right
&20 Lift left knee and scoot (skip) backwards on right; step back on left

CROSS TURN

&21 Step right; step left
&22 Hook behind left with right foot; cross in front with left
23-24 Turn ½ turn to right on balls of both feet; lift heels in small bounce

VINES

25-26 Step side right; step behind left
27-28 Step side right; scuff left
29-30 Step side left; step behind right
31-32 Step side and make ¼ turn to left; touch right

REPEAT
