Tropical Depression (P)

級數: Partner

編舞者: Irene Lloyd (UK)

拍數: 32

音樂: Tropical Depression - Alan Jackson

Position: Promenade position facing LOD,. Mirror Image partner dance. Steps given are for the Lady, Man use opposite feet, hands etc

- 1-4 Left forward shuffle, right forward shuffle
- 5-6 Walk forward on left, walk forward on right
- 1-6 Repeat beginning

JAZZ BOX WITH TURN LEFT

Cross left over right, step back on right, turn 1/4 left as you step down on left, touch right 1-4 beside left (hold both hands with partner)

1&2 Side shuffle to the right (right, left, right)

1-2 Cross left behind right and rock onto it, rock forward putting weight on right

As you rock back extend arms out to sides, then bring them back in front as you rock forward

- 1-4 Repeat last 4 counts moving to the left - side shuffle to the left etc
- 1-4 Right step to side, cross left behind right, turn 1/4 right as you step down on right (back into LOD, holding inside hands), brush left forward
- Cross left over right, step back on right, step down on left beside right, step in place on right 1-4 (putting weight onto it)

REPEAT





牆數: 0