

Tropical Colada

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Chris Hodgson (UK)
音樂: Tropical Colada - Allison Crystal



CROSS ROCKS, CROSS ROCK-½ TURN, SWEEP-CROSS-UNWIND ½

- 1& Cross right over left, rock weight back onto left
- 2& Step back on right on slight diagonal right, rock weight forward onto left
- 3&4 Cross right over left, rock weight back onto left, step back right on slight diagonal right
- 5&6 Cross left over right, rock weight back onto right, ½ turn left stepping forward left
- 7-8 Sweep right around from back to cross step over left, unwind ½ turn left (weight on right)

SMALL LOCK STEPS, BACK-LOCK, BACK-¼ TURN-CROSS

- 1& Step left slightly forward, lock right behind left
- 2& Step left slightly forward, lock right behind left
- 3&4 Step left slightly forward, lock right behind left, step left slightly forward
- 5-6 Step back on right, cross left over in front of right
- 7&8 Step back on right, ¼ turn left stepping left to left side, cross right over left

Add tag here on wall 6

SIDE ROCK, ½ TURNING CHASSE, BACK ROCK, ¼-¼-CROSS

- 1-2 Step left to left side, rock weight onto right
- 3&4 ½ turn right stepping left to left side, step right next to left, step left to left side
- 5-6 Step back on right behind left, rock weight forward onto left
- 7&8 ¼ turn left stepping back right, ¼ turn left stepping left to left side, cross step right over left

HIP SWAYS, ¼ TURN-KICK, COASTER STEP, 3 X CROSS WALKS

- 1-2 Step left to left side swaying hips left, sway hips right (weight ends on right)
- 3 ¼ turn left on ball of right kicking left foot forward (low kick)
- 4&5 Step back on left, step right next to left, step forward on left
- 6-7-8 Cross step right over in front of left, cross step left over in front of right, cross step right over in front of left

FORWARD ROCK, & CROSS-SIDE, BACK ROCK, ¼ TURNING COASTER STEP

- 1-2 Step forward on left, rock weight back onto right
- &3-4 Step left next to right, cross right over left, step left to left side
- 5-6 Step back on right behind left, rock weight forward onto left
- 7&8 ¼ turn left stepping back on right, step left next to right, step forward on right

STEP-½ TURN, 2 X SAMBA STEPS, STEP-SWEEP

- 1-2 Step forward on left, pivot ½ turn right
- 3&4 Step left to left side, rock weight onto right, step forward on left
- 5&6 Step right to right side, rock weight onto left, step forward on right
- 7-8 Step left slightly diagonal forward left, sweep right foot to in front of left

REPEAT

TAG

Danced once only after count 16 on wall 6 (when you are facing 6:00 wall)

- 1-2 Touch left toe to left side, touch left toe next to right