Trolley Dolly

拍數: 32

級數: Improver

編舞者: Malcom White & Aunty Mo

音樂: I Am What I Am - Gloria Gaynor

WALK RIGHT, LEFT, KICK STEP BACK, COASTER STEP, TOUCH TURN

- 1-2 Walk forward right and left
- 3-4 Kick right forward, step back right
- 5&6 Left coaster step
- 7-8 Touch right toe to right side, half turn right

STEP TOUCH, CROSS TOUCH, BEHIND TOUCH, SWITCH LEFT AND RIGHT

- 9-10 Step forward left, touch right toe to right side
- 11-12 Cross right in front, touch left toe to left side
- 13-14 Cross left behind right, touch right toe to right side
- 15&16 Step right foot in place, touch left toe to left side, step left in place, touch right toe to right side

WALK RIGHT, LEFT, RIGHT, LEFT, TOUCH HOLD TWICE WITH ARM MOVEMENTS AND SHOUTS.

17-20 Walk forward right, left, right, left

Arms

- 17 Hold both arms out to the sides and shout "aisles"
- 18 Both arms forward and shout "front"
- 19 Both arms back over head and shout "back"
- 20 Left arm stays above head, right hand in front of mouth and shout, "gas"
- 21-22 Touch right toe to right side, swing both arms to the right palms up, hold. Shout "drink sir"
- &23-24 Step right in place, touch left toe to left side swing both arms left palms up, hold. Shout "drink sir"

BEHIND KICK TWICE CROSS BEHIND HEEL JACK CROSS IN FRONT HEEL JACK

- 25-26 Step left behind right, kick right to right side
- 27-28 Step right behind left, kick left to left side
- 29&30 Step left behind right, step on right, touch left heel to left diagonal
- &31&32 Step left in place, cross right in front, step left on left, touch right heel to right diagonal

REPEAT





牆數:2