

# Trippin'

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Neville Fitzgerald (UK)  
音樂: Wait A Minute - The Pussycat Dolls



## TWIST, TWIST, ¼ TURN, HITCH, COASTER STEP, STEP ¼ PIVOT

1-2      Twist both heels to left, twist both heels to right  
3-4      Twist both heels left making ¼ turn to right, hitch right knee  
5&6      Step back on right, step left next to right, step forward on right  
7-8      Step forward on left, pivot ¼ turn to right

## FUNKY WALK, WALK, TOUCH, STEP, HIP ROLLS

1-2      Walk forward on left-right (rolling knees.. Looking funky)  
3-4      Touch left next to right, step forward on left  
5-8      Stepping right to right side roll hips right-left-right-left (weight finish on left)

## & CROSS, POINT, CROSS, ROCK & CROSS, ¼, ¼, KICK & WALK

&1      Step right next to left, cross step left over right  
2-3      Point right to right side, cross step right over left  
4&5      Rock to left side on left, recover on right, cross step left over right  
6-7      Make ¼ turn to left stepping back on right, ¼ turn to left stepping forward on left  
8&1      Kick right forward, step right next to left, step forward on left

## WALK, WALK, ¼ TURN FLICK, CROSS, SIDE, SAILOR STEP

2-3      Walk forward right-left (funky)  
4      Make ¼ turn to left on ball of left as you flick right out behind  
5-6      Cross step right over left, step left top left side  
7&8      Cross step right behind left, step left to left side, step right to right side

## CROSS, ¼ TURN, COASTER STEP, ½ TURN, ¼ TURN, CROSS, SIDE

1-2      Cross step left over right, make ¼ turn left stepping back on right  
3&4      Step back on left, step right next to left, step forward on left  
5-6      Make ½ turn to left stepping back on right, ¼ turn to left stepping left to left side  
7-8      Cross step right over left, step left to left side

## SAILOR ¼, ¼ TURN, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1&2      Step right behind left, make ¼ turn to right stepping left to left side, step right to side  
3-4      Make ¼ turn to right stepping left to left side, touch right next to left  
5-6      Step right to right side, touch left next to right  
7-8      Step left to left side, touch right next to left

## & BACK X4, SIDE, BEHIND & HEEL & CROSS

&1      Step back on right, step back on left... (feet shoulder width apart)  
&2&3&4      Repeat steps &1  
5-6&      Step right to right side, cross step left behind right, step right to right side  
7&8      Touch left heel forward diagonally left, step left to left side, cross step right over left

## SIDE, BEHIND & HEEL & STEP, STEP, ½ PIVOT, STEP, TWIST

1-2&      Step left to left side, cross step right behind left, step left to left side  
3&4      Touch right heel forward, step right next to left, step forward on left  
5-6      Step forward on right, pivot ½ turn to left

7-8

Step forward on right, twist both heels to right

**REPEAT**

**RESTART**

On wall 2, dance to count 32 then restart from beginning

On wall 5, dance to count 48 then restart from beginning

---