

# Triples

拍數: 32      牆數: 4      級數: Improver  
編舞者: Barry Durand (USA)  
音樂: Heaven - Los Lonely Boys



## TRIPLE, JAZZ BOX, MAMBO STEPS

1&2      Triple step forward left, right, left  
3&4      Cross right over left, step back left, turn  $\frac{1}{4}$  turn right and step forward with right  
5&6      Mambo step forward left, recover right, step together left  
7&8      Mambo step backward right, recover left, step together right

## TRIPLE, STATIONARY PIVOT, TRIPLE, SEXY SCOOTS

1&2      Triple step forward left, right, left  
3-4      Forward right, pivot turn to left  $\frac{1}{2}$  turn and step on left  
5&6      Triple step right, left, right  
7&8&      Step forward left, together right, step forward left, together right

## TRIPLE, FAST STATIONARY PIVOT

1&2      Triple step forward left, right, left  
3&4      Forward right, pivot turn to left  $\frac{1}{2}$  turn and step left, step forward right  
5&6      Triple step left, right, left  
7&8      Forward right, pivot turn to left  $\frac{1}{2}$  turn and step left, step forward right

## HEEL JACK BOX AND TURN

1&2&      Kick left to side, step on left, cross right over left, step side left turning  $\frac{1}{4}$  turn right  
3&4&      Kick right to side, step on right, cross left over right, step side right turning  $\frac{1}{4}$  turn right  
5&6      Kick left to side, step on left, cross right over left (6)  
7-8      From this twist turn position do a quick  $\frac{1}{2}$  turn to the left unwinding so that feet are shoulder distance apart, either hold on count 8 or wiggle hips left, right (&8)

## REPEAT

## TAG

During the 7th time through the dance, they start singing in Spanish. You will start on the 6:00 wall and move to the 9:00 wall from the jazz box. Continue on through the end of the first 8 and into the second 8. Do the triple of the 2nd 8 (1&2), do the pivot turn on 3,4 but turn it  $\frac{3}{4}$  instead of  $\frac{1}{2}$  and do a big slide to the right with the right foot (facing 12:00). This takes 5,6,7,8 as you drag your left to the right. Clap on 1, say ooohhhh on count 2, wiggle 3-4 and start from the top