Triples



拍數: 72 牆數: 2 級數: Intermediate/Advanced

編舞者: Sandy Jones

音樂: Never Givin' Up On Love - Michael Martin Murphey



ROCK-STEP, TURN-2-3

1 S	tep forward	l with	left f	foot
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2 Rock back on right foot, feet remain on floor

3 Step ¼ turn left with left foot

& Step right foot next to left and continue turn

4 Step left foot beside right as ½ turn is completed

ROCK-STEP, TURN-2-3

5 Step forward with right foot

6 Rock back on left foot, feet remain on floor

7 Step ¼ turn right with right foot

& Step left foot next to right and continue turn

8 Step right foot beside left as ½ turn is completed

ROCK-STEP, TURN-2-3

9 Step forward with left foot

10 Rock back on right foot, feet remain on floor

11 Step ¼ turn left with left foot

& Step right foot next to left and continue turn

12 Step left foot beside right as ½ turn is completed

STEP-TURN & CHA-CHA-CHA

13 Place right toe forward

Pivot ½ turn left on ball of left foot
 Step right foot next to left foot
 Step left foot next to right foot
 Step right foot next to left foot

CROSS RIGHT, BACK, CHA-CHA-CHA

17 Step forward-right across right leg with left foot 18 Rock back on right foot, feet remain on floor 19 Step left foot next to right foot, facing forward

& Step right foot next to left footStep left foot next to right foot

CROSS LEFT, BACK, CHA-CHA-CHA

21 Step forward-left across left leg with right foot 22 Rock back on left foot, feet remain on floor 23 Step right foot next to left foot, facing forward

& Step left foot next to right footStep right foot next to left foot

CROSS RIGHT, BACK, CHA-CHA-CHA

25	Step forward-right across right leg with left foot
26	Rock back on right foot, feet remain on floor
27	Step left foot next to right foot, facing forward

&	Step right foot next to left foot
28	Step left foot next to right foot

TURN-2-3, TURN-2-3

29	With weight on left toe, pivot ½ turn right, place right foot down
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& Step left foot next to right foot30 Step right foot next to left

31 With weight on right toe, pivot ½ turn left, place left foot down

& Step right foot next to left footStep left foot next to right

CROSS LEFT, BACK, CHA-CHA-CHA

33 Step forward-left across left leg with right foot 34 Rock back on left foot, feet remain on floor 35 Step right foot next to left foot, facing forward

& Step left foot next to right footStep right foot next to left foot

TURN-2-3, TURN-2-3

With weight on right toe, pivot ½ turn left, place left foot down

& Step right foot next to left foot38 Step left foot next to right

With weight on left toe, pivot ½ turn right, place right foot down

& Step left foot next to right foot40 Step right foot next to left

CROSS RIGHT, BACK, CHA-CHA-CHA

41 Step forward-right across right leg with left foot 42 Rock back on right foot, feet remain on floor 43 Step left foot next to right foot, facing forward

& Step right foot next to left footStep left foot next to right foot

ROCK BACK, FORWARD, CHA-CHA-CHA

45 Step back-left with right foot

46 Rock forward on left foot, feet remain on floor

47 Step left foot next to right foot & Step right foot next to left foot 48 Step left foot next to right foot

ROCK BACK, FORWARD, CHA-CHA-CHA, CHA-CHA-CHA

49 Step back-right with left foot

50 Rock forward on right foot, feet remain on floor

51 Step forward with left foot & Step forward with right foot 52 Step forward with left foot 53 Step forward with right foot & Step forward with left foot 54 Step forward with right foot

STEP LEFT, STEP RIGHT, TURN LEFT, STEP RIGHT (BOX STEPS)

55 Step forward-left with left foot 56 Step forward-right with right foot

57 Step back-right with left foot, making ½ turn left

CHA-CHA-CHA, CHA-CHA-CHA

59 Step forward with left foot
& Step forward with right foot
60 Step forward with left foot
61 Step forward with right foot
& Step forward with left foot
62 Step forward with right foot

STEP LEFT, STEP RIGHT, TURN LEFT, STEP RIGHT (BOX STEPS)

Step forward-left with left foot Step forward-right with right foot

Step back-right with left foot, making ½ turn left

Step forward-right with right foot

CHA-CHA-CHA, STEP, TURN & CHA-CHA-CHA

67 Step forward with left foot & Step forward with right foot 68 Step forward with left foot

ROCK BACK, FORWARD, CHA-CHA-CHA

69 Place right toe forward

70 Pivot ½ turn left on ball of left foot
71 Step right foot next to left foot
& Step left foot next to right foot
72 Step right foot next to left foot

REPEAT