

Triple Digit Summer

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Eilla Kay (UK)
音樂: If This Is Love - Deana Carter



STRUTS FORWARD, PIVOT TURN, SHUFFLE TURN

1-2 Place right heel forward, drop toes taking weight
&3-4 Scoot left foot to right, place right heel forward, drop toes taking weight
5-6 Step left foot forward and pivot ½ turn right
7-8 Left shuffle making ¼ turn right

SLOW MAMBOS FORWARD AND BACK

9-10 Rock forward on right, recover on left,
11-12 Step right next to left, hold
13-14 Rock back on left, recover on right
15-16 Step left next to right, hold

HEEL TWISTS, KICK ROCK, ROCK, SHUFFLE

17 Twist heels to left
18 Twist toes to left
19 Twist heels to left making ¼ turn to right
20 Kick right foot forward
21-22 Rock back on right, rock forward on left
23-24 Right shuffle forward

PIVOT, TRIPLE TURN, STEP TOUCHES

25-26 Step left foot forward, pivot ½ turn right
27-28 Left triple making ½ turn over right shoulder
29-30 Step right foot diagonally back, touch left to it, click fingers at shoulder height
31-32 Step left foot diagonally forward, touch right to it, click fingers at shoulder height

ROCK, ROCK, TRIPLE TURN, ROCKING CHAIR

33-34 Rock forward on right, rock back on left
35-36 Right triple making ½ turn over right shoulder
37-40 Rock forward on left, rock back on right, rock back on left, rock forward on right

HEEL STRUT, TOE, HEEL, TOE, HEEL, HEEL STRUT

41-42 Place left heel forward, drop toes taking weight
43 Touch right toe to left instep
44 Touch right heel to left instep
45 Touch right toe to left instep
46 Touch right heel to left instep
47-48 Place right heel to right side, drop toes taking weight (make ¼ turn right as you do this)

ROCK, ROCK, TRIPLE TURN, PIVOT, HEEL STRUT

49-50 Rock forward on left, rock back on right
51-52 Left triple making ½ turn over left shoulder,
53-54 Step right foot forward, pivot ½ turn left
55-56 Place right heel forward, drop toes taking weight

ROCKS, HIP BUMPS, HEEL DIGS

57-58 Step left foot to left rocking left, rock on to right
59-60 Bump hips left twice
61& Dig right heel forward, replace right foot next to left
62& Dig left heel forward, replace left foot next to right
63 Dig right heel forward
64 Keeping feet in place make $\frac{1}{4}$ turn left

REPEAT

TAG

When dancing to "If This Is Love", on the sixth wall, to keep with the music take two small steps forward after steps 7-8 (the left $\frac{1}{4}$ turn shuffle) and then continue with the mambo forward
