

Triple D (DDD)

拍數: 97 牆數: 1 級數: Intermediate
編舞者: TriState Elite
音樂: I Don't Know What You Came To Do - Tony, Toni, Tone



LEAN RIGHT LEFT, STEP BACKWARD, BUTTERFLY

1&2& Lean right, lean left
3-4-5-6 Step back right, step back left, step back right, step back left
7&8& Lean right, lean left
9-10-11-12 Step back right, step back left, step back right, step back left
13&14&15&16 (Butterfly) push toes and knees inward and outward repeat (4x)

STEP FORWARD, TOUCH HEEL TOE, JUMP TURN, STEP FORWARD, TOUCH HEEL TOE, STEP FORWARD

1& Step forward right, left step beside right
2-3-4-5 Touch right heel, toe, heel, toe
6-7 Jump (2x) while making ½ left
8& Step forward left, right step beside left
9-10-11-12 Touch left heel, toe, heel, toe
13& Step forward left

STEP TOUCH TURN, FAN HEEL, BOUNCE

1& While making ¾ turn left step left to left side, right touch beside left
2&3&4& Step right touch left, step left touch right, step right touch left
5-6-7-8 Fan right heel, bounce in place (3x)
9-10-11-12 Fan left heel, bounce in place (3x)
13&14&15 Fan right heel, fan left heel, fan right heel
16-17-18 Bounce in place (3x)

STEP FORWARD LEFT, STEP LEFT, TAP LEFT 2XS, TWIST 2XS, TAP LEFT 2XS, TWIST 2XS, BOUNCE LEFT 3XS, BOUNCE RIGHT 3XS, PADDLE WHOLE TURN RIGHT 4CTS

1& Step forward left, right step beside left
2& Step left, right step beside left
3-4-5-6 Tap left forward 2xs, left step beside right, twist 2xs
7-8-9-10 Tap left forward 2xs, left step beside right, twist 2xs
11-12-13 Bounce left 3xs
14-15-16 Bounce right 3xs
17-18-19-20 Paddle whole turn right, (right stays on floor while left taps 4xs pushing around)

STEP LEFT KICK LEFT, STEP RIGHT KICK RIGHT, STEP LEFT KICK LEFT, STEP RIGHT KICK RIGHT, PADDLE WHOLE TURN RIGHT 4CTS, STEP LEFT KICK LEFT, STEP RIGHT KICK RIGHT, STEP LEFT KICK LEFT, STEP RIGHT KICK RIGHT, ¼ TURN RIGHT

1& Step left kick left, place left beside right
2& Step right kick right, place right beside left
3& Step left kick left, place left beside right
4& Step right kick right, place right beside left
5-6-7-8 Paddle whole turn right, (right stays on floor while left taps 4xs pushing around)
9-12 Repeat previous 4 counts but do not make whole turn

SLIDE LEFT SLIDE RIGHT SLIDE BACKWARD 4XS REPEAT, RUN FORWARD 5XS, CLAP HANDS

1&2& ¼ turn right while step left to left; slide right to left, step right to right, slide left to right
3-4-5-6 Slide left, right, left, right

7&8& Step left to left, slide right to left, step right to right, slide left to right
9-10-11-12 Slide left, right, left, right
13-14-15-16-17 Run forward left, right, left, right, left
18 Clap hands

REPEAT
