

Triple "B"

拍數: 36 牆數: 0 級數:
編舞者: Gloria Johnson (USA)
音樂: Big Bad Beat - Smokin' Armadillos



ROCK STEPS

- 1 Rock forward on right foot, clap hands at the same time
- 2 Step back on left foot
- 3 Rock back on right foot, clap hands at the same time
- 4 Step forward on left foot
- 5 Rock forward on right foot, clap hands at the same time
- 6 Step back on left foot
- 7 Rock back on right foot, clap hands at the same time
- 8 Step forward on left foot

GRAPEVINE - RIGHT

- 9-11 Vine right (step right out to side, cross left behind, step right out to right side)
- 12 Step left foot next to right placing weight on left foot

ROCK STEPS

- 12 Rock forward on right foot, clap hands at the same time
- 14 Step back on left foot
- 15 Rock back on right foot, clap hands at the same time
- 16 Step forward on left foot
- 17 Rock forward on right foot, clap hands at the same time
- 18 Step back on left foot
- 19 Rock back on right foot, clap hands at the same time
- 20 Step forward on left foot

KICK-BALL-CHANGES - RIGHT

- 21&22 Kick-ball-change starting on right foot
- 23&24 Kick- ball-change starting on right foot
- 25 Step forward on right foot
- 26 Turn $\frac{1}{4}$ turn to left (weight on right foot)

KICK-BALL-CHANGES - LEFT

- 27&28 Kick-ball-change starting on left foot
- 29&30 Kick- ball-change starting on left foot
- 31 Step forward on left foot
- 32 Turn $\frac{1}{4}$ turn to the right (weight is on right foot)

SHUFFLE & TURN

- 33&34 Shuffle forward on left, right, left
- 35 Step forward on right foot
- 36 Turn $\frac{1}{2}$ turn to the left (weight is on left foot)

REPEAT
