

Tricky Moon

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Tricky Moon - George Ducas



ROCK / CROSS BEHIND / WALK BACKWARD / VINE / ¼ TURN / SCUFF

- 1 Left foot rock forward and bend body slightly to the left
- 2 Right foot touch toe crossed behind left foot
- Option: salute with right hand on brim of hat when worn**
- 3 Right foot step backward
- 4 Left foot step backward and shift weight on left
- 5 Right foot step to right side
- 6 Left foot cross behind right foot
- 7 Right foot step to right side with foot ¼ turned to the right
- 8 Left foot kick over floor and keep lifted up
- 9-16 Repeat steps 1 through 8

CROSS / TOE-STRUTS / FINGER SNAPS

- 17 Left foot step down on ball of foot, crossed over right foot, hands shoulder high
- 18 Left foot clap down heel to floor and "snap" fingers of both hands, shoulder high
- 19 Right foot step to right side on ball of foot, heel up, hands beside hips
- 20 Right foot clap down heel to floor and snap fingers of both hands hip-high
- 21 Left foot step down on ball of foot, crossed over right foot, hands shoulder high
- 22 Left foot clap down heel to floor and "snap" fingers of both hands, shoulder high
- 23 Right foot step to right side on ball of foot, heel up, hands beside hips
- 24 Right foot clap down heel to floor and snap fingers of both hands hip-high and shift weight to right

SHUFFLE FORWARD / ROCK / SHUFFLE BACKWARD / ROCK / STOMP

- 25 Left foot step forward, slide right foot behind left foot slightly angled
- &26 Left foot step forward (left shuffle)
- 27 Right foot rock forward with left foot slightly lifted
- 28 Left foot step back in place
- 29 Right foot step backward, step left foot almost beside right foot
- &30 Right foot step backward (right shuffle backward)
- 31 Left foot rock backward with right foot slightly lifted
- 32 Right foot stomp beside left foot and shift weight to left

MONTEREY TURN TWICE

- 33 Right foot touch to right and lift up again
- 34 Right foot turn ½ to the right, twist body as well (left foot turns automatically on ball of foot), and step down right foot
- 35 Left foot touch to left with left toe
- 36 Left foot step down beside right foot
- 37-40 Repeat 33 through 36

MINCING WALKS FORWARD / BUNNY JUMPS BACKWARD

- 41 Right foot step aslant forward on ball of foot, knee points outside, then turn knee "in" again (all in one count)
- 42 Left foot step aslant forward on ball of foot, knee points outside, then turn knee "in" again (all in one count)

- 43 Right foot step aslant forward on ball of foot, knee points outside, then turn knee "in" again (all in one count)
- 44 Left foot step aslant forward on ball of foot, knee points outside, then turn knee "in" again (all in one count)
- 45 Right foot jump backward slightly to the right and make left foot join up beside right foot
- 46 Rest
- 47 Right foot jump backward slightly to the right and make left foot join up beside right foot
- 48 Rest and shift weight to left

TAPS / REST / STOMP DOWN / ¼ PADDLE TURN

- 49 Right foot touch down toe beside left foot
- 50 Rest
- 51 Right foot touch down toe beside left foot
- 52 Rest
- 53 Right foot stomp down beside left foot
- 54 Right foot stomp down beside left foot
- 55 Left foot turn ¼ to the left on heel, push it a little with right foot
- 56 Right foot step down beside left foot and shift weight to right.

WALK / WALK / SYNCOPATION / HIP BUMPS / CLAP

- 57 Left foot step straight ahead
- 58 Right foot step straight ahead and left foot step aside
- 59 Right foot step aside (feet now spread) and left foot step back in
- 60 Right foot step back in (feet together again)
- 61 Push hips to right, slightly forward
- 62 Push hips to left, slightly backward
- 63 Push hips to right, slightly forward
- 64 Clap hands

REPEAT
