

Trickle Trickle

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ilkka Malva
音樂: Trickle Trickle - Manhattan Transfer



TOE TOUCH, TOE TOUCH, KICK STEP, KICK STEP

1-2 Touch right toe forward angling body slightly to right, step right in place
3-4 Touch left toe forward angling body slightly to left, step left in place
5-8 Kick right forward, step right forward, kick left forward, step left forward

STEP TURN, SHUFFLE ½ TURN, BACK ROCK, STEP STEP

1-2 Step right forward, pivot ½ turn left
3&4 Shuffle right-left-right with ½ turn left
5-6 Rock left back, recover on right
7-8 Step left forward, step right forward

ACROSS BACK, SHUFFLE LEFT, ACROSS ROCK, SIDE ROCK

1-2 Step left across right, step right back
3&4 Shuffle left-right-left to left side
5-6 Rock right across left, recover on left
7-8 Rock right to right side, recover on left

ACROSS BACK, SHUFFLE RIGHT, ACROSS ROCK, TURN TURN

1-2 Step right across left, step left back
3&4 Shuffle right-left-right to right side
5-6 Rock left across right, recover on right
7-8 Turn ¼ left on left, turn ¼ left on right

BACK STRUT, BACK STRUT, KICK BALL CHANGE, STEP TURN

1-4 Touch left toe back, step left heel down, touch right toe back, step right heel down
5&6 Kick left forward, step left ball in place, step right in place
7-8 Step left forward, pivot ½ turn right

SHUFFLE ½ TURN, BACK ROCK, SWIVEL STEP, SWIVEL STEP

1&2 Shuffle left-right-left turning ½ right
3-4 Rock right back, recover on left
5-8 Swivel steps forward right-left-right-left

ACROSS BACK, SHUFFLE RIGHT, ACROSS BACK, SHUFFLE ½ TURN

1-2 Step right across left, step left back
3&4 Shuffle right-left-right to right side
5-6 Step left across right, step right back
7&8 Shuffle left-right-left turning ½ left

ROCK STEP, BEHIND TURN STEP, ROCK STEP, TOUCH TURN

1-2 Rock right forward, recover on left
3&4 Step right behind left, step left turning ¼ left, step right forward
5-6 Rock left forward, recover on right
7-8 Touch left toe back, turn ½ left weight ending on left

REPEAT

